### PHYSICAL THERAPIST ASSISTANT PROGRAM

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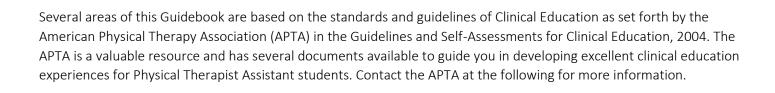
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Dear Site Coordinator of Clinical Education and Clinical Instructor,

This Clinical Education Guidebook has been compiled to provide you with necessary information relative to the clinical education component of Kankakee Community College's Physical Therapist Assistant Program.

Students carry a Clinical Education Guidebook with them to each of their clinical practicum sites as a reference for those staff members who will be serving as Clinical Instructors for students from KCC. If you would like to keep a copy in your department, one will be provided upon request.

In addition to this Guidebook, we recommend that you visit the American Physical Therapy Association website (<a href="http://www.apta.org/Educators/Clinical/">http://www.apta.org/Educators/Clinical/</a>, <a href="Magazine">Magazine</a> | A Commitment to Diversity, Equity, and Inclusion | APTA</a>, <a href="Levels of Supervision">Levels of Supervision</a> | APTA</a>) for additional resources related to clinical education and clinical educator development. The APTA offers resources for clinical instructor credentialing, a Reference manual for Site Coordinators of Clinical Education (membership required), clinical site development, networking, student regulations and more.

We are pleased to be working with you to collaboratively offer excellent clinical education experiences for our PTA students. As you are well aware, clinical education is an integral part of physical therapy education, and we could not do it without you – the clinical faculty. Your commitment to the physical therapy profession through the development of today's students will undoubtedly make better clinician's for tomorrow.

The Physical Therapist Assistant Program at Kankakee Community College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, Virginia 22314; Telephone: 703:706-3245; email: <a href="mailto:accreditation@apta.org">accreditation@apta.org</a>; website: <a href="mailto:www.capteonline.org">www.capteonline.org</a>.

If any questions, suggestions, or concerns arise as you review this KCC PTA Program Clinical Education Guidebook, or during a clinical experience with a student, please feel free to contact the KCC PTA program staff.

Thank you for your willingness in working with our students.

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#### Acknowledgements

I can no other answer make, but, thanks, and thanks.
- William Shakespeare

The development of an exceptional, high-quality, current, and technically-oriented curriculum cannot be realized without the profound influence of others and a great deal of team work. The Physical Therapist Assistant Program is the culmination of many thoughts, hopes, and ideas of Kankakee Community College, community health care partners and stakeholders, and interested students.

The PTA program faculty is grateful for all the many other program directors and faculty of several PTA programs who shared their knowledge, experience, information and stories to support physical therapy education, specifically in education of Physical Therapist Assistant students. We are particularly grateful to those who have been very gracious with their time through site-visits, emails, and phone calls - you know who you are; we truly couldn't have developed this program without you. Thank you for providing positive examples through your service and leadership to the physical therapy profession and community.

Thank you for your help. We look forward to serving as examples, mentors, and teachers, and offering our time, knowledge, and experience to other developing and existing programs just as you have done for us.

The PTA Program faculty also wishes to thank KCC Administration, staff, and faculty for supporting the development of the PTA Program as this was clearly not a stand-alone effort, but rather a team endeavor. It is also a continuous process, so we thank KCC for the ongoing support of the PTA Program to meet and exceed the College standards, CAPTE guidelines, and student expectations and to continue to fulfill our mission:

Enhancing quality of life through learning by committing to academic excellence in physical therapy education; developing entry-level physical therapist assistants who function effectively in an ever-changing healthcare environment; and providing exceptional services to our academic, professional, and community partners.

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# **SECTION 1: CLINICAL EDUCATION**

#### PURPOSE OF CLINICAL EDUCATION

The purpose of clinical education is to give students exposure and "real world" experience in physical therapy with a clinical instructor who can be a physical therapist (PT) or physical therapist assistant (PTA). Students develop the PT/PTA relationship and apply learned knowledge, patient skills and interventions, and professional behaviors in the clinical environment under the direction and supervision of a PT. Clinical practicums will be held in a variety of physical therapy settings to meet the needs of each student and overall program outcomes.

#### **CLINICAL EDUCATION DEFINITIONS**

- 1. Kankakee Community College (KCC). Academic program for physical therapist assistant. Academic Facility (AF). The accredited or accreditation-track educational institution that provides the entry-level curriculum in the professional preparation of physical therapist assistant students
- 2. Core Faculty. Those physical therapists (PT) and physical therapist assistants (PTA) who are employed by the academic institution and appointed to the PTA program; comprised of the Program Director, ACCE and other appointed faculty members. The primary responsibilities of the Core Faculty in the program are development, implementation, and evaluation of the technical and clinical education components of the PTA curriculum.
- 3. Program Director (PD). The Core Faculty member who is designated as and has the responsibility for the management of the PTA program.
- 4. Academic Coordinator of Clinical Education (ACCE). The Core Faculty member who has the responsibility in the program for coordinating the clinical education portion of the curriculum.
- 5. Clinical Facility (CF). An accredited or approved health care facility that provides the physical therapist assistant student with a learning laboratory and patient contact for the development of physical therapy competencies. While these individuals are not usually employed by the institution that houses the PTA program, they do agree to certain standards of behavior through contractual arrangements for their services.
- 6. Clinical Education Faculty (CEF). The licensed physical therapist or physical therapist assistant who are employed by the clinical facility and participate in the clinical education of the physical therapist assistant curriculum; comprised of the SCCE and CI.
- 7. Site Coordinator of Clinical Education (SCCE). The licensed physical therapist or physical therapist assistant employed and designated by the clinical facility to organize, direct, supervise, coordinate, and evaluate the clinical education program in that facility.
- 8. Clinical Instructor (CI). The licensed physical therapist or physical therapist assistant employed by the clinical facility who is designated by the SCCE to supervise and evaluate the activities of the physical therapist assistant student.
- 9. Performance Assessment System: The evaluation tool used during clinical practicum experiences by the CI to evaluate the clinical performance of the physical therapist assistant students.
- 10. Program Curriculum. The comprehensive Physical Therapist Assistant Program curriculum comprised of general education and technical education (core curriculum). The technical education course work consists of theory, clinical education (laboratory and clinical setting), and professional behaviors expected of the entry-level physical therapist assistant.
- 11. General Education: courses or curricular content that are a part of the associate degree curriculum plan and structured as prerequisites or co-requisites to the courses in the Technical Education portion of the curriculum.

- General Education typically includes such courses as English, Psychology, Sociology, Biology, Math and Physics. General Education courses are typically open and available to the entire student body, and are generally not considered to be part of the Technical Education portion of the curriculum.
- 12. Technical Education: courses or curricular content that is required in the degree plan of the PTA program curriculum. The courses in the Technical Education portion of the curriculum are generally open to and taken only by students who have been accepted into the PTA program. These courses generally have a prefix or a designation that reflects the major, (e.g., PHTA).
- 13. Interventions: selected technical skills taught in the Technical Education portion of the curriculum to prepare program graduates to carry out a plan of care as directed by a physical therapist.
- 14. Data Collection: components of tests and measures taught in the Technical Education portion of the curriculum to prepare program graduates to carry out a plan of care as directed by a physical therapist.

#### CRITERIA FOR CLINICAL SITE SELECTION

Kankakee Community College PTA Program wishes to partner with clinical sites who are willing and able to meet the needs of the PTA students in achieving their personal and professional goals as part of the clinical education component of the curriculum. The following is a list of criteria that guide the PTA core faculty in determining the clinical sites used by the PTA program. The following list, which includes, but not limited to the following facility and staff characteristics considered when considering a clinical site:

#### SITE CHARACTERISTICS

- 1. Sufficient variety of learning experiences
- 2. Diversity of patient diagnoses
- 3. Provisions for ethical and legal services to patients
- 4. Administrative support and SCCE for clinical education
- 5. Positive and active learning experiences
- 6. Encouragement for CI training and development
- 7. Maintain appropriate certifications and/or accreditation status
- 8. Well maintained clean, orderly, pleasant atmosphere
- 9. Adequate space and personnel for instructional activities
- 10. Collaborative partnership with the academic program compatible philosophies
- 11. Willing to sign and carry out the responsibilities of the Affiliation Agreement between the facility and Kankakee Community College

#### STAFF CHARACTERISTICS

- 1. Minimum of one (1) licensed Physical Therapist on site.
- 2. At least one (1) Physical Therapist Assistant on site preferred as appropriate
- 3. Clinical Instructors should have at least one (1) year clinical experience with the following:
  - a. have a desire to work with students

- b. collaborate with the student to plan an effective learning experience
- c. provide frequent, positive, constructive, and timely feedback in either verbal, nonverbal or written forms
- d. be a role model of legal, ethical, competent, and compassionate care
- e. provide competent, thoughtful, and effective clinical care
- f. plan clinical learning experiences relevant to the student's needs, and communicate those goals and expectations
- g. be approachable and collegial
- h. encourage student growth through positive interaction
- i. communicate effectively and regularly with the student and Academic Coordinator of Clinical Education (ACCE) at KCC
- j. Must agree to abide by the terms of the Cooperative Agreement between the facility and Kankakee Community College.

Derived from: GUIDELINES TO PROMOTE EXCELLENCE IN CLINICAL EDUCATION PARTNERSHIPS HOD G06-19-62-59 [Initial: HOD G06-93-27-52] [Previously Titled: Guidelines: Clinical Education Sites] [Guideline]

https://www.apta.org/siteassets/pdfs/policies/clinical-continuing-education-other-than-pt-pta.pdf

#### SCCE/CI QUALIFICATIONS

To Be a SCCE, it is recommended that interested individuals....

- Be a PT or PTA, with all the characteristics of a CI
- Demonstrate effective communication and interpersonal skills
- Develop a relationship with, and be knowledgeable about, the affiliated academic program
- Perform administrative duties such as, but not limited to, completion of the Clinical Site Information Form, clinical education agreements, student placement forms, policy and procedures manuals
- Develop, supervise, and evaluate the clinical activities of the facility
- Be open to interaction with CIs, students, school officials, and other colleagues
- Plan and encourage the professional development of CIs
- Identify CI and site needs and resources
- Assist the CI in planning, implementing, and evaluating an effective student learning experience

Derived from: GUIDELINES TO PROMOTE EXCELLENCE IN CLINICAL EDUCATION PARTNERSHIPS HOD G06-19-62-59 [Initial: HOD G06-93-27-52] [Previously Titled: Guidelines: Clinical Education Sites] [Guideline]

 $\underline{\text{https://www.apta.org/siteassets/pdfs/policies/clinical-continuing-education-other-than-pt-pta.pdf}}$ 

To be a CI, it is recommended that interested individuals....

- Be a PT or PTA (required)
- Have a desire to work with students
- Have one year of clinical experience
- Collaborate with the student to plan an effective learning experience
- Provide frequent, positive, constructive, and timely feedback in either verbal, nonverbal or written forms

- Demonstrates supervisory and performance evaluation skills
- Be a role model of legal, ethical, competent, and compassionate care
- Provide competent, thoughtful, and effective clinical care
- Plan clinical learning experiences relevant to the student's needs, and communicate those goals and expectations
- Be approachable and collegial
- Encourage student growth through positive interaction

Derived from: GUIDELINES TO PROMOTE EXCELLENCE IN CLINICAL EDUCATION PARTNERSHIPS HOD G06-19-62-59 [Initial: HOD G06-93-27-52] [Previously Titled: Guidelines: Clinical Education Sites] [Guideline]

https://www.apta.org/siteassets/pdfs/policies/clinical-continuing-education-other-than-pt-pta.pdf

From Guidelines for Clinical Instructors and Guidelines for Center Coordinator of Clinical Education; Guidelines and Self-Assessments for Clinical Education 2004 Revision; Alexandria, VA: APTA Publication No. E-48.

https://www.apta.org/contentassets/7736d47f2ec642a3962276d9b02503d2/guidelinesandselfassessmentsforclined.pdf in the content of the content

#### RESPONSIBILITIES OF ALL PARTICIPANTS

#### 1. Academic Coordinator of Clinical Education (ACCE)

- 1. Assisting in the development, evaluation, and modification of the clinical education component of the program
- 2. Maintaining communication between the academic program and clinical facility sites.
- 3. Ensures the clinical facility is provided all appropriate and necessary materials in a timely manner.
- 4. Clinical Education Guidebook will be available to SCCE and/or clinical site upon request.
- 5. Provide SCCE and or facility with student clinical information approximately three 4-6 weeks prior to experience. This information includes: 1) cover letter, 2) student information form, and 3) and student evaluation materials
- 6. Maintaining student clinical education files.
- 7. Developing criteria and procedures for clinical site selection, utilization, and assessment.
- 8. Performing on-site visits during student Clinical Practicum experiences. A telephone visit will occur only when an on-site visit is not feasible. At this time, the ACCE will complete the interviews of both the CI and student. Site visits and/or interviews may be conducted by any PTA program faculty/instructor.
- 9. Assisting clinical faculty with development of clinical teaching skills by providing training programs as appropriate.

#### 2. SITE COORDINATOR OF CLINICAL EDUCATION (SCCE)

- 1. Identify, organize, develop, and coordinate the specific learning experiences within the CF.
- 2. Organize, direct, supervise, coordinate, and evaluate the clinical instruction of the student assigned to their CF.
- 3. Provide the College with appropriate facility information prior to the Clinical Practicum. This includes the CSIF and any additional material for students prior to clinical.
- 4. Participate with the ACCE in developing, implementing, and evaluating clinical faculty development programs.
- 5. Maintain communication with the ACCE, CI, and the assigned student during the clinical practicum (i.e., notification of student problems and progress).

- 6. Follow the APTA Guidelines for Site Coordinators of Clinical Education
- 7. Provide ACCE with current CSIF (see www.apta.org)

#### 3. Clinical Instructor (CI)

To assist the student in achieving a valuable clinical experience, the CI should:

- 1. Provide the student and/or College with any facility information that may be useful prior to Clinical Practicum Rotation
- 2. Review the Kankakee Community College PTA Program Clinical Education Guidebook and Student Information Form to be familiar with the student's academic exposure and expected competency level.
- 3. Schedule a formal on-site orientation of the facility to include appropriate introductions, tour, and review of facility/department policies/procedures. This should occur within the first week of the Clinical Practicum.
- 4. Discuss and review with the student the expectations of the facility, as well as the student's goals for the Clinical Practicum. This includes discussing what areas of treatment exposure would be most beneficial to the student.
- 5. Provide the student with responsible, qualified and direct supervision and direction. If CI is a PTA, confirm that there is a PT on site at all times for students during patient care activities. If PT is not available for a day, make other arrangements for the student; i.e., observe other departments, reading assignments, in-service report, etc.
- 6. Assign treatment tasks within the confines of the student's present didactic knowledge and ability. The students are instructed to inform the CI if they do not have previous knowledge/exposure of a particular request.
- 7. Observe and supervise student practice allowing reasonable independence in performance at their level of ability for didactic preparation.
- 8. Discuss treatment tasks for student participation in patient care in terms of:
  - Diagnosis, disability, ongoing treatment and treatment goals, and the specific assignment of the student in providing patient care interventions. Include demonstration and explanation of procedure as necessary.
  - b. Patient's individual problems and needs as relates to physical therapy. Discuss issues that might require referral to another discipline.
  - c. Precautions and safety measures that must be observed.
- 9. Offer the student exposure to other experiences outside of direct patient care. Such activities may include:
  - a. Housekeeping and other department procedures. These should be covered as is consistent and compatible with institution practice.
  - b. Patient and family/caregiver education in appropriate activities.
  - c. Exposure to other health care departments (i.e., observe a surgery, video-swallow or other healthcare provider patient interactions).
- 10. Participation with their CI in responsibilities and activities outside of patient care as appropriate.
- 11. Provide time to be spent each day to discuss patients, problems, questions and concerns.
- 12. Maintain communication between the clinical education facility and the academic education facility of our PTA program.
- 13. Arrange a formal conference to discuss the student's mid-term and final evaluations in a place conducive to confidentiality, and be able to speak with the ACCE during the scheduled site-visit or appointment call.
- 14. Evaluate the student's performance using the Physical Therapist Assistant Performance Assessment System (PAS) at both mid- term and final. This includes reviewing and signing the completed PAS with the student, as well as reviewing the student's completed PAS for self-evaluation purposes.
- 15. Consult with program ACCE concerning student problems or clarification of student preparation.

- 16. Review student clinical practicum assignments, materials and Generic Abilities self-assessment with the student as appropriate.
- 17. Follow APTA Guidelines for Clinical Instructors.
- 18. Be aware of the Clinical Instructors following rights, which include, but are not limited to:
  - a. To be able to change the student's assigned work hours taking into consideration the student's class schedule to be consistent with the supervising PT or PTA
  - b. To contact the ACCE at any time during the student's practicum to request an emergency meeting if any type of problem is developing with the student.
  - c. To request the student to work on weekends or holidays so long as the PT is supervising. For example, if the student missed a day due to illness, the CI can request the student to work a Saturday to make up his/her time.
  - d. To request the Kankakee Community College PTA Program to withdraw any PTA student from the Clinical Practicum whose progress, practices or adjustment does not justify his/her continuance in the clinical experience. The CI and ACCE/instructor must follow the procedures outlined in the Clinical Practicum Policies and Procedures, Termination of Clinical Practicum Experience.
  - e. Be awarded continuing education units for supervising clinical education experiences. Up to 5 hours of CE credit may be obtained by being a clinical instructor for either PT or PTA students. Credit will be earned based on hours of cumulative student clinical instruction, with 1 hour of CE credit per 120 student hours. CE credit hours for clinical instruction will be awarded by the student's academic institution. A KCC certificate will be issued by the ACCE following each clinical rotation. The KCC PTA program will not keep a record of CEUs awarded. It is the responsibility of the clinical instructor to maintain a record of hours awarded.
  - f. Be invited to attend PTA program clinical education workshops and special training.

#### 4. STUDENT RESPONSIBILITY

- 1. Prior to beginning a clinical practicum, the student will:
  - a. Write an introductory letter to his/her assigned Clinical Instructor (CI) and complete the Student Information Form. These documents should be received by the CI no later than four to six (4-6) weeks prior to the clinical start date, which are included in the packet sent to the CI by the ACCE.
  - b. Make contact with the CI no later than two to three (2-3) weeks prior to the clinical start date to verify placement and obtain information concerning: 1) appropriate dress code, 2) work hours, 3) availability for meals on the premise, 4) parking, 5) where to report the first day, and 6) any additional information important to start the clinical successfully.
  - c. Have on file in the PTA program the following current information: Physical Health Exam form including immunization/titer records, result of drug screening and criminal background check, and current CPR card. Please submit a copy of each to the ACCE and maintain the original in your Professional Portfolio. Failure to provide the required materials by the required dates may result in delay, or even withdrawal, from attending the clinical practicum experience.
- 2. Report to assigned CI at the appointed time each day. Tardiness and asking for days off is inappropriate and unprofessional. Special circumstances may exist with the prior approval of the CI and ACCE or academic instructor.

- 3. Wear appropriate attire, including name badge, and/or uniform for the clinical facility and be neatly groomed.
- 4. Conform to the work and holiday schedule of the CI/clinical facility.
- 5. Abide by all PTA program standards and policies. Students should remember they are a guest in the clinical facility, and where different, clinical facility policies, rules and regulations will take precedence.
- 6. Abide by the APTA Standards of Ethical Conduct for the Physical Therapist Assistant and Guide for Conduct of the Physical Therapist Assistant. If questions about ethics arise, students must contact the ACCE or academic instructor.
- 7. Provide clinical information to family, spouse, or significant other so they may be reached in case of emergency. Personal calls are not allowed except for emergency situations or during assigned breaks.
- 8. Students are not allowed in the clinical facility in a student capacity except during designated clinical hours.
- 9. Carry out select skills and treatment interventions for which proficiency has been demonstrated. Such interventions are to be carried out under the direction and supervision of the Clinical Instructor. If a student is asked to carry out an intervention for which they have not had prior instruction or practice in the classroom/laboratory, it is the responsibility of the student to notify the Clinical Instructor before carrying out the intervention.
- 10. Actively participate in the learning experience provided by the facility. It is encouraged students be exposed to as much as possible to enhance the Clinical Practicum experience; this includes new information which may have not yet been covered in class. Under these circumstances, the students will not be expected to perform the intervention or skills or be assessed for competency.
- 11. Maintain open lines of communication between their Clinical Instructor at the facility and the ACCE and/or academic instructor at the College.
- 12. Complete all required assignments and documentation required by the PTA program and/or facility. This may include but is not limited to completion of all course assignments/requirements, review of materials/skills/interventions prior to performing them on a patient, patient documentation, and charting that may be requested by the CI in accordance with facility procedures.
- 13. Keep the clinical facility and educational program appraised of his/her current address, health status and contact information in case of an emergency.
- 14. Be open to constructive criticism and feedback.
- 15. Seek input from CI as needed if difficulties arise during patient care interventions and/or the Clinical Practicum. Ask questions and research information when clarification is needed. The student is ultimately responsible for his/her learning.
- 16. Report problems or unusual patient reactions to treatment to CI immediately.
- 17. Complete Clinical Performance Instrument (PAS) per course syllabus for purposes of self-evaluation (completed electronically online). Also review and sign the PAS completed by CI during formal evaluation conference.
- 18. Complete PTA Student Evaluation: Clinical Experience and Clinical Instruction.
- 19. Submit all required materials/assignments, including the completed PAS to the ACCE or academic instructor by the designated deadline.

#### CLINICAL PRACTICUM SEQUENCE

Although students will be exposed to the clinical setting through observation and field trips/integrated clinical experiences in the first year of the program, the clinical practicum experiences begin the summer between the first and second year of the program. The final two practicums are in the final semester of the Program. The total number of contact hours for all clinical practicum experiences is at or approaching 680 hours. The sequence is intended to give students an opportunity to learn the information through study of theory, practice selected skills and interventions in the classroom laboratory setting, and then apply this learned knowledge and skills in the clinical setting to achieve entry-level competence in clinical practice.

During the first year of the program, students participate in scheduled field trips to various clinics, hospitals, and agencies as part of classroom learning as the curriculum is primarily classroom and laboratory courses. Patients may also participate in classroom laboratory sessions.

As students transition to the second year in the program, the third semester of the program contains their first clinical practicum experience, PHTA2053: PTA Clinical Practicum I. This practicum is a 5-week, full-time clinical experience.

The fifth (final) semester of the program in the second year of the program consists of two clinical practicums, both 6-week full-time clinical experiences; PHTA2224: PTA Clinical Practicum II and PHTA2234: PTA Clinical Practicum III.

It is the aim of the PTA program that students will have a clinical experience in each of the following areas: an inpatient setting (defined as a clinical setting in which patients reside in the facility, short or long term) and an outpatient setting.

#### EXPECTATIONS ACCORDING TO PAS FOR CLINICAL PRACTICUM EXPERIENCES

#### PHTA 2053 PTA CLINICAL PRACTICUM I

This at or approaching 200-hour clinical experience is designed to introduce students to the healthcare environment through interaction in a physical therapy setting. This course provides a combination of observation and hands-on practice of selected physical therapy interventions in a closely supervised clinical setting with ongoing communication between the student, clinical instructor and academic faculty. Emphasis is placed on critical thinking and student self-awareness for ongoing personal and professional development.

- PAS expectations at start of Clinical Practicum I: As the first clinical practicum experience, students may enter at varying levels dependent on past experience in physical therapy and health care.
- PAS expectations by end of Clinical Practicum I (final evaluation): Clinical Performance Indicators #1 Safety, #2
   Professionalism/Professional Development, and #3 Communication MUST achieve a rating at or above
   Intermediate Performance, 25-50% supervision, by final evaluation in order to successfully complete Clinical
   Practicum I.
- Satisfactory performance for clinical performance indicators #4-#9 is achievement of a rating at or above the Developing anchor, 50-75% supervision by final evaluation for Clinical Practicum I. Students who fall below satisfactory performance on more than two of these anchors will not be successful in PTA Clinical Practicum I.

#### PHTA 2224 PTA CLINICAL PRACTICUM II

This at or approaching 240-hour clinical education experience is designed to simulate full-time clinical work, allowing students to perform physical therapy interventions and procedures with increased hands-on patient care in a supervised clinical setting with ongoing communication between the student, clinical instructor and academic faculty. Students will continue to develop professional skills and behaviors as well as critical thinking skills to advance patient care interventions.

- PAS expectations at start of Clinical Practicum II: Prior to entering Clinical Practicum II, students must successfully pass a Comprehensive Lab Practical, which is a culmination of all PTA curriculum skills. Students have also completed all major didactic content areas.
- PAS expectations by end of Clinical Practicum II (final evaluation): Clinical Performance Indicators #1 Safety, #2 Professionalism/Professional Development, #3 Communication, and #4 Clinical Reasoning MUST achieve a rating at or above Advanced by final evaluation to successfully complete PTA Clinical Practicum II. This means 25% supervision with simple and complex patients with the capability of maintaining 75% full time case load of a PTA.
- Satisfactory performance of at least 3 of Clinical Performance Indicators #5 thru #9 must be at or above Advanced (and none below Intermediate) at final evaluation for PTA Clinical Practicum II.

#### PHTA 2234 PTA CLINICAL PRACTICUM III

This at or approaching 240-hour clinical education experience is the culmination of all academic and clinical education preparation and is designed to simulate full-time clinical work, allowing students to practice advanced skills and interventions in a supervised clinical setting with ongoing communication between the student, clinical instructor and academic faculty. Emphasis is placed on mastery of entry-level skills in all communication, patient care interventions, and interactions with patients, families/caregivers, the public and other health care workers.

- PAS expectations at start of Clinical Practicum III: As a general guideline, students are expected to be at the Intermediate Performance anchor on the PAS rating scale for all criterion IF the clinical setting is new to the students. However, students are expected to be at the Intermediate anchor for Criterion # 1, 2, and 3 between the Intermediate and Advanced Performance anchors for Criterion #4- #9 students who completed the same setting for a previous clinical practicum.
- PAS expectations by end of Clinical Practicum III (final evaluation): Clinical Performance Indicators #1 Safety, #2
   Professionalism/Professional Development, #3 Communication, and #4 Clinical Reasoning MUST achieve a rating
   of Entry Level Performance Anchor by final evaluation to successfully complete PTA Clinical Practicum III.
- Satisfactory performance for Clinical Performance Indicators #5-#9 is achievement of a rating of at Entry Level Performance Anchor by final evaluation for PTA Clinical Practicum III. Students who fall below satisfactory performance on more than two of these anchors will not be successful in PTA Clinical Practicum III.

Please refer to respective course syllabus for further details.

# DIDACTIC (CLASSROOM/LABORATORY) TOPICS COVERED PRIOR TO CLINICAL PRACTICUMS Role of the PTA working under the direction/supervision of the PT as well as patient care documentation are incorporated into all courses. Courses with a patient-care component also incorporate the following list identifies major content areas covered in each course but is not an all-inclusive list of topics covered. A list of Entry-Level Skills Checklists completed per course is provided.

#### OVERVIEW OF TOPICS COVERED PRIOR TO PHTA2053: PTA CLINICAL PRACTICUM I:

#### PHTA 1101 Introduction to Health Care

- Historical and current issues in healthcare
- Intradisciplinary communication and professionalism: Professional roles and the PT/PTA team
- Interdisciplinary communication and professionalism: The health care team
- Professionalism, attitudes, behaviors, and effective communication
- Cultural competence

- Personality types and emotional intelligence
- Ethical and legal issues
- Licensure and regulation
- APTA Organization
- Self-Assessment and life-long learning
- Introduction to Evidence-Based Practice and literature review

#### PHTA 1103 KINESIOLOGY I

- Introduction of Concepts
- Nervous System
- Circulatory System
- Basic Biomechanics
- Articular System
- Arthrokinematics
- Muscular System
- Posture
- Gait
- Spine
- Respiratory System
- Muscle Length Testing

#### PHTA 1115 PTA FUNDAMENTALS I

- Standard precautions, infection control and bloodborne pathogens
- Vital signs
- Transfer techniques
- Wheelchairs
- Assistive devices/assisted gait patterns
- Passive range of motion exercises
- Positioning and draping
- Body mechanics
- Basic wound care preventative
- Documentation and billing

#### PHTA 1133 PTA FUNDAMENTALS II

- Theory (principles and indications/contraindications) and/or application of physical agents
- Therapeutic heat and cold: hot packs, cold packs, ice massage, cold and contrast bath
- Paraffin
- Fluidotherapy
- Ultrasound phonophoresis
- Taping
- Electrotherapeutic modalities: TENS, High-volt, NMES, Interferential, biofeedback, iontophoresis
- Infrared
- Intermittent compression

- Mechanical Traction
- Documentation and billing

#### PHTA 1172 PATHOLOGY I FOR THE PTA

A body systems approach to the etiology, pathology, signs/symptoms, risk factors, and prognosis and medical treatment of specific diseases and conditions across the lifespan often seen in physical therapy. Primary systems of study include:

- Musculoskeletal
- Neuromuscular
- Integumentary
- Endocrine
- Diseases affecting multiple systems

#### PHTA 1243 MANUAL THERAPY FOR THE PTA

- Palpation of bony landmarks, muscles and other soft tissues
- Soft-tissue mobilization, therapeutic massage
- Joint mobilization
- Ethical and legal principles of manual techniques

#### PHTA 1203 KINESIOLOGY II

- Functional anatomy and kinesiology
- Postural alignment/training
- Gait analysis
- Joint and muscle actions in human movement with an emphasis on functional mobility and activities
- Introduction to principles of therapeutic exercise and HEP
- Myotomes and dermatomes
- Manual muscle testing
- Muscle length testing
- Goniometry

#### PHTA 1272 PATHOLOGY II FOR THE PTA

A body systems approach to the etiology, pathology, signs/symptoms, risk factors, and prognosis and medical treatment of specific diseases and conditions across the lifespan often seen in physical therapy. Primary systems of study include:

- Cardiovascular
- Respiratory
- Gastrointestinal
- Other special systems

#### PHTA 2001 Professional Standards of the PTA

Professionalism through effective verbal and nonverbal communication with all members of the healthcare delivery team, the patient-caregiver interaction, interpersonal skills, and cultural sensitivity will be further reinforced

- Professionalism and effective communication with all members of the healthcare team
- Patient-caregiver interaction
- Student-Cl interaction

- Cultural humility, health equity and disparity, implicit bias
- Self awareness
- Mental Health conditions
- Special challenges across the lifespan
- Social responsibility
- Ethical dilemmas

## OVERVIEW OF TOPICS COVERED PRIOR TO PHTA2224: PTA CLINICAL PRACTICUM II AND PHTA2234: CLINICAL PRACTICUM III:

\* Note: Not all special topics covered in PHTA2293 are covered prior to PTA Clinical Practicum II. This course is complete prior to PTA Clinical Practicum III.

#### PHTA 2145 ORTHOPEDICS FOR THE PTA

- Data collection skills for orthopedic conditions
  - o Gait and balance
  - o Joint integrity and mobility
  - Manual muscle testing
  - o Pain
  - o Postural alignment
  - o Goniometry
  - o Edema
- Therapeutic interventions for orthopedic conditions
  - Functional training
  - Stretching and strengthening
  - Postural awareness
  - o Utilization of exercise equipment
  - o Establishment and implementation of a HEP
- Conditions/topics studied include, but are not limited to
  - o Orthopedic fractures and surgeries
  - o Soft tissue conditions
  - o Peripheral nerve management
  - Aquatic exercise
  - o Thoracic outlet syndrome
  - o Reflex sympathetic dystrophy
  - o Arthritic conditions
  - o Sports medicine
  - o Temporomandibular joint problems
- Treatment approaches for conditions related to the: spine, pelvis, hip, knee, ankle, foot, shoulder, elbow, wrist and hand
  - o Taping techniques
- Evidenced-based practice with orthopedic conditions

#### PHTA 2156 PTA FUNDAMENTALS III

• Data collection skills for neurologic conditions

- o Arousal, mentation, and cognition
- Assistive devices
- o Gait, balance, and locomotion
- Neuromotor development
  - o Postural alignment
- Therapeutic interventions for neurologic conditions
  - Functional training
  - Balance and coordination training
  - o Postural awareness training
  - o Neuromotor rehabilitation techniques
  - Establishment and implementation of HEP
- Conditions/topics studied include, but are not limited to
  - o Motor development, motor control, and motor learning
  - o Proprioceptive neuromuscular facilitation (PNF)
  - o Pathological gait
  - o Neurological conditions including, but not limited to:
  - o Stroke
  - o Traumatic brain injury
  - o Cognitive and perceptual dysfunction
  - o Neurogenic disorders of speech and language
  - o Prescriptive wheelchair
  - Spinal cord injury
  - Adult neurological disorders: MS, PD, Supranuculear Palsy, Normal Pressure Hydrocephalus, ALS, Charcot-Marie Tooth (peripheral nerve problem), Guillain Barre, Huntington's Disease, Multiple System Atrophy, Myasthenia Gravis, PD, Spinocerebellar Ataxia
  - o Pediatric neurologic disorders: Autism, CP, Down Syndrome, Fetal Alcohol Syndrome, Friedrich's Ataxia, Muscular Dystrophy, Osteogenesis Imperfecta, Spina Bifida
- Evidenced-based practice with neurological conditions

#### PHTA 2185 PTA FUNDAMENTALS IV

- Data collection skills for cardiac, vascular, pulmonary, and integumentary condition
  - o Aerobic capacity and endurance
  - o Assistive, adaptive, orthotic, and prosthetic devices
  - Integumentary integrity
  - o Postural alignment
  - o Ventilation and respiration examination
- Therapeutic interventions for neurologic conditions
  - o Prosthetic and orthotic functional training
  - Sterile techniques
  - Aerobic conditioning
  - o Breathing and coughing techniques
  - Wound management
  - Establishment and implementation of HEP
- Conditions/topics studied include, but are not limited to

- o Promoting health and wellness
- o Principles of aerobic exercise
- Vital signs
- o Pulmonary disease and conditions
  - COPD
  - Emphysema
  - Restrictive lung diseases
  - Cystic fibrosis
- o Chest physical therapy and postural drainage
- Heart/cardiac disease and conditions
- Vascular disease
  - Arterial insufficiency; PVD
  - Venous insufficiency
  - Lymphedema
  - Diabetes
- o Orthotics
- o Amputations and prosthetics
- o Aseptic techniques/sterile techniques
- o Wounds: vascular, neuropathic, pressure ulcers
- o Burns
- o Evidenced-based practice with cardiac, vascular, pulmonary, and integumentary conditions

#### PHTA 2293 PTA FUNDAMENTALS V

Potential special interest topics:

- Geriatrics
- Woman's and Men's health
- Pre and post-partum
- Industrial rehabilitation and Work hardening/work conditioning
- Chronic pain
- Pediatrics
- Home Health
- Vestibular
- Lymphedema
- Blood flow restriction
- Sports
- Cancer

#### ENTRY-LEVEL SKILLS CHECKLISTS BY COURSE

First Year – 1 <sup>st</sup> semester				
PHTA 1115 Assistive Devices (Ambulatory Aids) Donning/Doffing Isolation Clothing – Isolation Precautions Hand Washing Passive Range of Motion Patient Positioning and Draping Transfers Vital Signs Wheelchair (Manual) Fitting and Use Gait Training with Assistive Device	PHTA 1103 Goniometry/ROM Measurement Instruction in Home Exercise Program Manual Muscle Testing Postural Alignment/Training			
First Year- 2 <sup>nd</sup> semester				
PHTA 1243 Joint Mobilization – Grades I and II Palpation of Bony Landmarks Soft Tissue Palpation/Mobilization	PHTA 1203 Goniometry/ROM Measurement Instruction in Home Exercise Program Manual Muscle Testing Muscle Length testing Postural Alignment/Training	PHTA 1133 Biofeedback Cold Bath and Contrast Bath Cold Packs Electrical Stimulation Fluidotherapy Hot Packs Ice Massage Intermittent Compression Mechanical Traction Paraffin Treatment Therapeutic Ultrasound		
	2053 – PTA Clinical Practicum I			
Second Year – 4 <sup>th</sup> semester				
PHTA 2145 Gait deviations Instruction in Exercise with Use of Equipment Instruction in Home Exercise Program	PHTA 2156 Activities of Daily Living Facilitation/Inhibition techniques Gait deviations Postural Alignment/Training Transfers	PHTA 2185 Anthropometric Characteristics Cardiac Dysfunction Donning/Doffing Isolation Clothing – Aseptic Isolation Donning/Doffing Sterile Gloves Dressing Change Orthotic/Prosthetic Devices Pulmonary Dysfunction Vital Signs		
Second Year – 5 <sup>th</sup> semester				
PHTA 2293 (CLP) See Entry-Level Skills Checklists				
	224 – PTA Clinical Practicum II			
PHTA 2	234 – PTA Clinical Practicum III			

Special Note: This is a working document and is subject to change. Students will be notified of required Entry-Level Skills Checklists during specific courses.

# SECTION 2: CLINICAL EDUCATION POLICIES AND PROCEDURES

#### STUDENT STATUS

Students participating in clinical practicum experiences shall not be considered employees of the facility, and shall receive no compensation for the services they may provide under the direction and supervision of the clinical instructor.

#### PROFESSIONAL LIABILITY (MALPRACTICE) INSURANCE

KCC provides malpractice liability coverage for students in the PTA program at a minimal cost which is included in student lab fees for each course. Students are required to participate.

#### **HEALTH INSURANCE**

Working in the health care field involves an assumption of risk. If the student, after appropriate instruction, follows correct protocol, procedures and policies, the risk of injury or illness is minimal. Should an incident or illness occur, the student assumes the responsibility for testing, treatment and any other expenses.

KCC requires assurance that medical costs for personal injuries incurred, or disease contracted by a program student will be paid. To meet this consideration, KCC requires that all health career students either have their own health insurance or sign the health insurance waiver and assume responsibility for medical costs. KCC strongly recommends carrying major medical insurance coverage. The Health Insurance Form, included in the PTA acceptance letter packet, must be submitted and is retained in the student's file. If a student's health insurance status changes during the course of the program, the student should request a new form from the ACCE to update his/her file. Please note: some clinical facilities may have specific requirements. It is the student's responsibility to meet facility requirements for clinical placement.

#### HEALTH STATUS (APPLIES TO ALL COMPONENTS OF THE CURRICULUM)

Students are expected to abide by the PTA program Absence/Illness/Injury Policy Statement during all clinical practicums and laboratory courses. The student shall notify the facility and the course instructor/ACCE of any health conditions that pose an identifiable risk to patients or any changes in their health status that is confirmed before or during the clinical practicum experience. In the event a student experiences a change in health status, the student must notify the PTA Program Director and/or course instructor immediately and submit a Change in Health Status and Medical Release to Return to Lab/Clinical Practicum (see student guidebook for form) and any follow-up documentation completed by his/her physician/health care provider to keep on file in the PTA program. Students may not participate in clinical activities with any type of restriction.

#### SUBSTANCE ABUSE

Students who are suspected, in the judgment of KCC faculty and/or administrators, to be under the influence of drugs, alcohol or other behavior altering substances while in class, lab, clinical setting or other college-sponsored activities may be tested without notice according to Board-approved procedures. Failure to comply with the college procedure for testing will result in disciplinary action.

Any student who has been dismissed from a clinical facility by a Clinical Instructor must report to the ACCE prior to returning to the clinical experience. The ACCE will notify the Program Director. See Code of Campus Affairs and Regulations 17.6, A, VII in the KCC Catalog (https://kcc.smartcatalogiq.com/en/2024-2025/academic-catalog/code-of-campus-affairs-and-regulations/code-of-conduct)

#### **MEDICATION**

A student should take medication (prescription or over-the-counter) only as directed and upon the advice, prescription, and supervision of a physician or other health care provider allowable by law and should inform, and may be required to

inform, the instructor, Program Director and/or ACCE when they are taking any drug so that the instructor is in a knowledgeable position should an emergency situation arise. Any medication that may affect the student's ability to think clearly and perform safely will result in the student being excused from the classroom, lab, or clinical until no longer taking the medication. A student will not be allowed in the clinical facility under the influence of a narcotic medication.

Students in KCC's PTA program are strongly encouraged to avoid the use of drugs which affect the central nervous system unless the drugs are taken under the prescription and supervision of a physician. Such drugs can affect one's psychomotor abilities and consequently jeopardize the welfare and safety of the patient/client and decrease your ability to behave effectively in the program. In accordance with the Standards for Ethical Conduct for the Physical Therapist Assistant, the PTA student shall not take any harmful drugs.

#### PREGNANCY

Pregnancy should be reported to the ACCE and Program Director as soon as it is suspected or verified. Though the student's right to privacy is recognized and respected, it is important that the faculty be aware of the situation so as to inform the student of and give the best possible protection against the environmental dangers that may be encountered in the laboratory and/or clinical setting. The ACCE will consider the student's pregnant status when making clinical assignments. Students must be able to safely complete all clinical requirements within the practice setting; clinical placement is not guaranteed when pregnant.

A student who is pregnant and chooses to remain in the program will do so at their own risk. The student will be asked to sign a Pregnancy Release form verifying that they are aware of the possible dangers to themself and the fetus, and to release cooperating health care facilities and KCC from all liability and damages that may arise by continuing in the PTA program while pregnant. Additionally, the student will be required to obtain medical clearance to continue in the program [See the Change in Health Status and Medical Release to Return to Lab/Clinical Practicum Form]. Forms can be obtained from program faculty.

#### LATEX ALLERGY

Student with a latex allergy, or other known allergy that may affect their participation in a clinical practicum experience are responsible for notifying their Clinical Instructor prior to attending the clinical experience.

#### STANDARD PRECAUTIONS (APPLIES TO ALL COMPONENTS OF THE CURRICULUM)

The student will be instructed in the Federal OSHA (Occupational Safety and Health Administration) blood borne pathogens standards, standard precautions (preventing transmission) and TB precautions prior to potential risks. Clinical sites may require additional health records and training (further information provided in specific classes). Standard precautions should be maintained in the classroom and clinical setting at all times.

In the event of a significant exposure (e.g. an occupational incident involving eye, mouth, other mucous membrane, not-intact skin, or contact with blood or other potentially infectious material including saliva), the student must report the incident immediately to their Clinical Instructor at the clinical facility as well as the PTA Program ACCE at the College.

#### PTA PROGRAM SAFETY POLICIES AND PROCEDURES

Safety Policy Statement: A high priority of the PTA program is to ensure the safety of all students and all those associated with the PTA program during all classroom, laboratory, and clinical experiences. Students in the PTA program should be familiar with campus security procedures outlined in the KCC College Catalog while on campus, as well as the facility's safety procedures during field trips/integrated clinical experiences and clinical practicums. It is the instructor's

responsibility to make students aware of facility safety procedures when off-campus. In the event of an incident oncampus, the instructor/faculty will notify the appropriate persons to report and document as required.

#### **OFF-CAMPUS SAFETY PROCEDURES**

Policy: It is the policy of the Physical Therapist Assistant program to ensure the safety of persons associated with the program which may include; faculty, staff, students, and visitors. All on-campus safety and professional conduct expectations hold true off-campus as well as on-campus.

#### I. Clinical Practicum Experiences

- A. Students are expected to abide by all policies and procedures as outlined in the KCC College Catalog and PTA Student Guidebook.
- B. In addition, students are expected to comply with all clinical facility specific policies and procedures, specifically as relates to safety of themselves and their patients.
- C. Any incidents related to student safety and/or behavior during Clinical Practicum experiences should be documented using the Coaching/Mentoring Form and Documentation of PTA Student Behavior form which is available in the PTA Program office.
- D. In the case a student has an injury/incident while participating in a Clinical Practicum Experience, the following procedures should be followed:
- E. If a student is injured while participating in off-site clinical experience/practicums, the student will notify their Clinical Instructor and PTA program faculty immediately.
- F. If the student is unable to notify the PTA program faculty due to the nature of the injury, the Clinical Instructor will notify the PTA program faculty as soon as possible.
- G. The student and/or Clinical Instructor are responsible for any facility required reporting/documentation of the Injury/Accident/Exposure. The CI will provide the ACCE with timely and appropriate documentation of the occurrence and in accordance with the clinical facility policy.
- H. If the facility does not have an injury/incident form for documentation purposes, the ACCE or course instructor will document the incident using the KCC Incident-Injury Report Form (see student guidebook) to keep on record in the student's file.
- I. If the student requires or wishes to receive medical care, he/she will call and visit their health care provider or the emergency department. It is recommended that students maintain major health insurance throughout their enrollment in the PTA program and are financially responsible for any medical care, treatment, or examination the student may seek while a student in the PTA program.
- J. Incident-Injury Report Forms will be used by the PTA program to identify causes of injury and address any pertinent corrective action by the student, clinical facility or PTA program.

#### Personal Phone Calls

Students should inform their families and child care personnel where they are in case of an emergency. This includes the name of the clinical facility and the clinical instructor during clinical practicums. Persons wishing to get a message to the student (emergency only) should contact the Health Careers Division Office (815-802-8800) or during clinical practicums, the Clinical Instructor who will relay the message to the student. Students should not receive "non-emergency" phone calls or visitors during a clinical experience time, nor should students make non-emergency phone calls from the clinical facility. Personal phone calls or checking messages should only be done during appropriate times and using a personal cell phone.

#### **CLINICAL SUPERVISION**

Physical Therapist Assistant students may be supervised by a licensed physical therapist assistant (PTA) or physical therapist (PT). When a licensed PTA is the clinical instructor, a PT must be on on-site (in some cases supervision by the PT must be line-of site) for the duration of the clinical education experience. Please refer to the Professional Core Documents Section for documents pertaining to direction and supervision of the PTA student. Students are not allowed to provide patient interventions when a PT is not on site or if the assigned clinical instructor is absent, unless other appropriate arrangements have been made. If the student arrives to the clinical facility and there is not a PT on site, the ACCE is to be notified immediately to discuss the situation and options.

#### **PATIENT RIGHTS**

Patients/ clients have the right to know that they are being treated by a student and may refuse treatment by the student. The CI has the responsibility to obtain patient consent for treatment provided by the student and to introduce the student as such. Additionally, students are required to introduce themselves to patients/clients, staff and others as a "Student Physical Therapist Assistant" at all times and receive informed consent from the patient prior to treatment. Should a patient/client pursue their risk-free right to refuse treatment from a PTA student, this should graciously be acknowledged and communicated with the clinical instructor (CI). It is the student's responsibility to coordinate with the CI to develop an alternative plan for the patient's care.

#### **CLINICAL FACILITY RIGHTS**

Any clinical facility has the right to refuse a clinical practicum schedule to students and program faculty. Students and clinical faculty may request to see the Clinical Affiliation Agreement developed between the clinical facility and KCC for further details regarding clinical facility rights. Such requests should be directed to the ACCE.

#### TERMINATION OF A CLINICAL PRACTICUM EXPERIENCE

A clinical practicum experience may be terminated for any of the following reasons, but is not limited to:

- 1. Unsatisfactory performance; including unsafe behaviors, attendance issues, or behavioral concerns.
- 2. Health status that is detrimental to the successful completion of the clinical practicum
- 3. Determination that continuance in the practicum is not in the best interest of the facility, KCC, or the student.

When a CI and/or ACCE or course instructor recommend a student be withdrawn from a clinical experience as a result of one of the situations listed above, the following procedure should be followed:

- 1. The CI will document the incident(s) using the Coaching/Mentoring Form and Documentation of PTA Student Behavior and notify the ACCE or course instructor immediately.
- 2. The student will meet with the CI and/or SCCE and the ACCE and/or course instructor. A written document will be drawn up by the ACCE or course instructor defining the problem(s) with action plans within a given time. This document will be reviewed with the student and they must sign the document to acknowledge it has been reviewed with them. Failure to comply with the conditions set forth in the agreement may result in an additional clinical requirement or dismissal from the Clinical Practicum.

If a student is removed from the clinical setting, the ACCE or course instructor reserves the right to determine whether the student will be counseled/coached, tutored in problem areas, rescheduled in another facility, or recommended for dismissal from the Program. Students have the right to appeal this decision following the appropriate appeals processes for the College. Please note: A Clinical Instructor has the right to withdraw a student from the clinical facility, but not from KCC's PTA program.

# SECTION 3: ACADEMIC STANDARDS, POLICIES AND PROCEDURES (PERTINENT TO CLINICAL EDUCATION)

#### ATTENDANCE POLICY

All of the following attendance procedures apply to classes/labs on campus as well as clinical education experiences. Students are expected to report to the classroom, lab, or clinical facility on time, properly dressed, and prepared to carry out the learning experience. A student's performance in a course is reflective of attendance, professionalism, and participation. Students should communicate with the instructor about any extenuating circumstances or needs as soon as possible.

Regular attendance at all clinical practicum experiences is expected and mandatory. Attendance at all clinical practicums will be strictly enforced. Refer to each course syllabus for specific attendance and work expectations. The instructor will determine the validity of absence(s) and whether the student will be allowed to make up clinical time. Students are encouraged to use sound judgment when traveling in all weather conditions.

#### INCLEMENT WEATHER/CAMPUS CLOSURE:

In the event of campus closure during a clinical practicum experience and the clinical site is open and/or not affected, students should attend despite a campus closure. If a student does not attend a clinical day(s) when expected, the student is responsible for notifying their clinical instructor and course instructor. Students must complete required hours for clinical practicum experiences and will be required to make up missed days. Classes held on campus that are canceled due to campus closure may be made up at the discretion of the instructor and students.

#### ABSENCE/ILLNESS/INJURY POLICY STATEMENT

Students are expected to exercise sound judgment regarding attending any class or clinical experiences when ill for the protection of patients/clients, peers, and personnel of the health care facility. The faculty reserves the right to request that a student leave the patient care area if it is felt that the condition of the student can endanger the health and welfare of the student or others.

In the event of an unforeseen emergency, illness or unavoidable circumstance, the student or another assigned person must notify the appropriate instructor(s) with reason for absence as soon as possible and prior to the clinical practicum/experience. Please refer to course syllabus for contact information. Students are also responsible for obtaining CI and clinical facility contact information and preferred method of contact.

#### Appropriate instructor means:

1. During a clinical practicum experience the student must contact the Clinical Instructor (CI), the course instructor and the ACCE for the course.

Clinical facilities may not observe the same holidays as KCC. It is the student's responsibility to complete the clinical practicum requirements through a mutually agreed upon schedule with the CI and ACCE/course instructor, including any make-up days. The academic calendar is published well in advance to allow planning for personal events.

If a CI is absent/not available for the day, the CI must make arrangements for appropriate supervision of the student (refer to Section 6 for documents); if such an individual is not available for supervision, the clinical facility must notify the student and the ACCE or course instructor that the student should not report to the clinical site that day. Students must still complete the required clinical hours. The ACCE and/or course instructor will review the circumstances on a case-by-case basis should this occur for an extended period of time and affect the student's experience for learning and meeting practicum objectives.

In the case of pediatric or school affiliations; school improvement, faculty inservice and school holidays are known in advance of the Clinical Practicum assignment and make-up days may be coordinated between the CI and student, with approval of the ACCE or course instructor.

A faculty member or clinical instructor may request a student whose behavior is disruptive or unsafe to leave the classroom or clinical area, which may result in that student being considered absent for that session. If the faculty feels that the student's behavior justifies dismissal from a course, program, or the College, the matter will be taken to the appropriate College administrative official(s) for consideration, recommendation, and action.

A student who has a change in their health status that impacts their ability to participate in class, lab or clinical must immediately notify the course instructor as well as the Program Director and/or ACCE. The PTA program or clinical facility/clinical instructor reserves the right to request a medical release form by a physician, or other health care professional as allowable by law, in any situation in which there is a possible threat to the health and welfare of the student, others, or the absence is longer than three consecutive days. Upon request, the Change in Health Status and Medical Release to Return to Lab/Clinical Practicum form (in Student Guidebook or available upon request) and any follow-up documentation must be submitted to the PTA Program Director or ACCE before the student may be allowed to resume attendance in program lab activities or clinical experiences respectively. Students may not participate in clinical activities and/or select lab activities with any type of restriction.

A student's progression in the program may be affected as a result of acute or chronic physical or emotional problems. The faculty will consider the student's status on an individual basis and make every attempt to consider the student schedule, but the student must meet all course requirements to receive a passing grade and progress in the program. In the case of an "extenuating circumstance" an incomplete grade may be considered to allow the student additional time to complete the course requirements.

#### **TARDINESS**

Students are expected to be present at the beginning of class, lab, or clinical practicum and remain until the scheduled session and responsibilities are complete. Being late by 10 minutes or leaving early (without permission) will be considered tardy. Students should notify the instructor and/or clinical instructor out of common courtesy if they are going to be late. Three tardies are equivalent to one absence. Tardies will be monitored at the discretion of the instructor. If tardiness remains a problem, the student will be required to meet with the instructor and/or Program Director to determine a course of action.

#### GRADING SYSTEM AND POLICIES AND EVALUATION OF STUDENT PERFORMANCE

The following grading scale will apply to all PTA core (PHTA) courses:

93 – 100%	Α	
84 - 92%	В	
75 – 83%	С	
66 - 74%	D	Non-passing grades
Below 66%	F	

Classroom and lab graded activities will constitute a mix of written, oral, computer-based and practical items. Each PTA course has specific grading and evaluation procedures that must be adhered to by faculty and students alike and

are provided in the course syllabus. Students may obtain their grade at any time during the semester online using the online learning management system – please see the course instructor if questions arise.

#### **CLINICAL PRACTICUMS**

- The Academic Coordinator of Clinical Education (ACCE) and/or academic instructor for a clinical experience makes the final grade determination for all clinical practicum experiences. Students will be assigned a letter grade based on the following:
  - Physical Therapist Assistant clinical evaluation tool completed by both the student and clinical instructor, including additional comments and supporting documentation from the student and/or clinical instructor
  - Clinical Education Portfolio (may include case study/in-service/project approved by the Clinical Instructor and ACCE and specified assignments.)
- The course instructor will have communication with the student and Clinical Instructor during each clinical practicum via an onsite visit or telephone contact. Ongoing communication between student, CI, and course instructor/ACCE is expected.
- Both the CI and the student will complete the PAS at midterm (only for Clinical Practicum II and III) and final of the clinical practicum to provide the student with evaluative feedback as well as identify any potential "red flags." For Clinical Practicum I, the Clinical Instructor will complete an abbreviated assessment of student performance. The student and/or clinical instructor should notify the ACCE at time of evaluation if the student is in disagreement with, or there are significant discrepancies between the PASs.
- Each clinical practicum has a different grading scale due to different levels of student experience and performance expectations. Refer to the course syllabus for details.
- Failure to submit to the ACCE or course instructor all required materials by the due date will result in an automatic drop of one letter grade for the clinical practicum experience, unless, the student received prior approval from the ACCE for an extension.

#### PTA CLINICAL PRACTICUM I:

- Requirement of at or approaching 200 hours for Clinical Practicum I experience.
- Faculty will provide students with grading expectations and standards for both the PAS and Clinical Education portfolio prior to start of the clinical practicum experience.
- Refer to course syllabus and materials.

#### PTA CLINICAL PRACTICUM II AND PTA CLINICAL PRACTICUM III:

- Requirement of at or approaching 240 hours each for Clinical Practicum II and Clinical Practicum III experiences.
- Faculty will provide students with grading expectations and standards both for the PAS and Clinical Education portfolio prior to start of the clinical practicum experience.
- Refer to course syllabus and materials.

#### CHANNELS OF COMMUNICATION AND PROBLEM RESOLUTION

The faculty believes that the following proper channels of communication is conducive to good interpersonal relationships and the prevention or solving of problems. In addition, it is believed that problems are best resolved at the level on which they occur. The student is expected to follow the proper channels of communication when dealing with peers and faculty.

Problems which occur during a clinical experience between a student and Clinical Instructor, other staff member, or patient should also be attempted to be resolved between the involved individuals first. Such issues or concerns should be brought to the attention of the ACCE as soon as possible. The ACCE will provide the necessary guidance and/or leadership for resolution of the problem and consult the Site Coordinator of Clinical Education (SCCE) and PTA Program Director as needed.

The PTA Program faculty may involve the Dean of Health Careers, the Vice President for Academic Affairs, the Vice President of Student Development and Services, and other appropriate college officials in any situation in which their involvement is deemed necessary.

#### **PROGRAM COMPLAINT POLICY:**

It is the policy of the Physical Therapist Assistant program to welcome comments, suggestions, ideas, and constructive criticism as part of continuous and systematic program evaluation and improvement.

#### PROGRAM COMPLAINT STATEMENT:

Individuals formally or informally affiliated with KCC have the right to express their concerns regarding the PTA program, or any of its affiliates. The PTA program supports the chain of command that encourages any individual with a concern, complaint, or problem to address the issue with the involved person first. Should a resolution of the problem not occur after reasonable attempt, or within a reasonable amount of time, the PTA Program Director should be notified. If the complaint pertains to the PTA Program Director, the complaint should be taken to the Dean of Health Careers. If a complaint is related to the clinical education component of the curriculum, the Academic Coordinator of Clinical Education (ACCE) should be notified in addition to the Program Director.

The following procedures for formal complaints involving the PTA Program provide a means for individuals to share their complaints or concerns that fall outside of due process. For additional information refer here: https://kcc.smartcatalogiq.com/2024-2025/academic-catalog/programs/physical-therapist-assistant-aas/

If the nature of a concern falls into the possibility of a formal complaint to the program's accrediting body, contact the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 N. Fairfax St., Alexandria, VA 22314; telephone: 703-706-3245; email: accreditation@apta.org; website: http://www.capteonline.org/.

#### **STUDENTS**

The PTA program will follow the Formal Student Complaint Policy outlined in the Code of Campus Affairs and Regulations and can also be found online at https://kcc.smartcatalogiq.com/en/2024-2025/academic-catalog/code-of-campus-affairs-and-regulations/formal-student-complaint-policy/.

A student who wishes to file a formal complaint/appeal/ grievance regarding an issue pertaining to enrollment, attendance, or provision of services at Kankakee Community College shall first meet with the program division dean to obtain the proper forms and be advised on the proper appeal process to be followed and the person with whom the process should begin. Form is also available online: https://kcc.smartcatalogiq.com/2024-2025/academic-catalog/programs/physical-therapist-assistant-aas/.

#### CLINICAL FACILITY COMPLAINT PROCEDURE

A Clinical Instructor (CI) who feels they have a grievance concerning a student should first attempt to address the concern with the student and if the situation remains unresolved should then consult with the facility's Site Coordinator of Clinical Education (SCCE) and the program's Academic Coordinator of Clinical Education (ACCE). If a satisfactory solution cannot be reached, the complaint should be taken to the Program Director, Dean of Health Careers, Vice President of Academic Affairs, Vice President of Student Development and Student Services or the college President, in that order. If the CI has a grievance concerning the PTA program, they should first address the concern with the ACCE and then with the Program Director.

#### PUBLIC COMMENT POLICY

The grievance/due process policies at KCC provide a voice for current and prospective students, employees, and other affiliated persons. Individuals who do not have a formal affiliation with KCC or the PTA program also are welcome to provide comments or complaints according to the Public Comment Policy regarding concerns/complaints that fall outside of due process. This policy can be found online on the PTA Program page of the KCC website.

# SECTION 4: CLINICAL PRACTICUM FORMS AND RESOURCES

The following documents will be emailed to the SCCE/CI in the welcome packet. The student will also have a copy upon arrival to the clinic. Please contact the ACCE at <a href="mailto:rvandevelde@kcc.edu">rvandevelde@kcc.edu</a> with any questions.

CLINICAL PRACTICUM ORIENTATION SCAN TO PTA FORM

CLINICAL PRACTICUM TIME SHEET

PRACTICUM SPECIFIC DOCUMENTS: SYLLABI, WEEKLY PLANNING FORMS, AND DOCUMENTATION MADE SIMPLE ETC.

PTA PAS -GETTING STARTED: SEE THE ATTACHED PDF OF THE FOLLOWING

- PAS MANUAL
- PAS USER GUIDE\_PTA VERSION

# SECTION 5: STUDENT RIGHTS AND RESPONSIBILITIES

## PROFESSIONAL STANDARDS POLICIES

KCC is an educational and collegiate environment and thus has the obligation to adopt rules and regulations that both respect and protect the rights of all students.

The Health Careers Division will strictly enforce all KCC standards and guidelines as outlined in the Code of Campus Affairs and Regulations located within the college catalog. Specific attention should be paid to the "Code of Conduct" (17.0) and "Disciplinary Procedures" (18.0).

https://kcc.smartcatalogiq.com/2024-2025/academic-catalog/code-of-campus-affairs-and-regulations/code-of-campus-affairs-and-regulations/

The faculty may remove a student from any situation for exhibiting unprofessional behavior at any time that does not reflect the standards and expectations of the Health Careers Division, professional legal and ethical guidelines, or the respective profession. If an instructor feels further action is warranted or feels that a student's behavior justifies dismissal from a course, program, or the College, the matter will be taken to the appropriate individuals for recommendation and action.

### PROFESSIONAL CONDUCT

Honesty, integrity, and civility are fundamental characteristic expected of all Health Career Students. Each individual student is responsible for their own actions and must inform the program faculty and clinical instructor of any error or accident that occurred related to their role as a student within a program in the Health Careers Division. Students are to complete assignments and interventions accurately following principles learned in the classroom and the policies and procedures of the clinical facility. Students should not willfully perform or assist with any procedure or act which is detrimental to the safety or well-being of the patient. Students should only perform those procedures in which they have been adequately prepared. Students should maintain trust and confidentiality of patients at all times.

[PTA students are also guided by the Standards of Ethical Conduct for the Physical Therapist Assistant and Guide for Conduct of the Physical Therapist Assistant of the American Physical Therapy Association (APTA) in the Professional Core Documents Section. Students should be able to recognize, identify and abide by these standards. Failure to do so will be considered a violation of professional behavior resulting in disciplinary action leading up to and including dismissal from the program.]

#### CONFIDENTIALITY

Students are expected to maintain confidentiality in all situations related to the classroom, laboratory setting, and clinical experiences according to HIPAA and FERPA policies. Confidentiality is important to maintain the integrity of the program as well as the trust of others. Students in a Health Career Program are expected to abide by the following Confidentiality Policies and understand the Confidentiality Agreement.

#### **HIPAA POLICY**

Patients have rights to privacy and confidentiality. Under the Health Insurance Portability and Accountability Act of 1996 (HIPAA), the only communication about patients that is necessary to provide, manage, and coordinate care is permitted. To ensure that students and faculty of the Health Careers Division understand the importance of this law that requires patient/client information to be kept confidential, the following HIPAA policy is enacted:

1. Students participating in clinical education are in facilities for the purpose of learning, and function under the direction and supervision of a clinical instructor or clinical faculty. When KCC students are functioning within a facility for the purpose of education, they are to follow the confidentiality policies and procedures of the facility.

- 2. Information gathered during clinical education experiences, field trips, or patient/student interaction and interviews in the laboratory setting are to be treated as confidential and in accordance with HIPAA guidelines.
- 3. Discussion between students and instructors about classroom and clinical experiences are expected to occur so that students may learn from the experiences of others. These discussions are basic to the education of a Health Careers student and are not considered to be unethical providing that the rights and dignity of the patient are maintained and limited to appropriate learning situations. Patient specific information should not be discussed with anyone outside the facility, among employees of the clinical site, or among students unless information is required directly for the care of the patient or as a learning tool within the educational setting. Unauthorized disclosure of patient information may result in civil and/or criminal liability under Federal or State laws.
- 4. Confidentiality must be maintained for all patient information that is taken from the clinical facility. Students need to make sure that all identifying information is blackened out. Taking any paper documentation with patient identifiers out of the facility building is strictly prohibited.
- 5. Protected patient information includes but is not limited to: name, address, phone, dates (birth date, admission date, discharge date, date of death), fax number, email address, SSN and driver's license number, medical record number and health plan beneficiary number, and any other identifying information.
- 6. Highly confidential information (must have patient's/client's authorization for release) consists of but not limited to: mental health notes/treatment/disability, alcohol and drug abuse, HIV/AIDS; venereal disease, genetic testing, child abuse or neglect/adult abuse, sexual assault.
- 7. Students must complete required training and documentation for HIPAA prior to entering the clinical setting for field trips/integrated clinical experiences or clinical practicum experiences. KCC requires that every student in the PTA program will complete the training, including:
  - a. Accesses the HIPAA module through our course in Canvas to view the required PowerPoints and complete the quiz
  - b. Signed the PTA Student Informed Consent Signature Form, specifically the section titled Statement of Confidentiality, which states student has read the HIPAA policy thereby accepts the responsibility to abide by the provisions of HIPAA
  - c. Students may also be required to complete specific clinical facility training.

It is the responsibility of every student to maintain the confidentiality of patient information, personnel information, and competitive information regarding a clinical facility's plans and operations at all times. Failure to abide by the HIPAA policy will result in disciplinary action which may lead up to and include dismissal from the program.

### **FERPA POLICY**

In compliance with the Family Educational Rights and Privacy Act (FERPA) and all amendments, students at KCC are guaranteed certain rights with respect to their educational records. Refer to the KCC College Catalog, Code of Campus Affairs and Regulations, Section 12.0-12.2 for detail of these rights.

#### **SOCIAL MEDIA**

Students should recognize that they are on the brink of entering a profession and should use good judgment about what is posted in these forums at all times. The preservation of patient and client confidentiality is of utmost importance; students found to have breached this confidence are not only subject to dismissal from the Health Career Program they are currently enrolled but may find themselves open to legal action as well. Students should always remain mindful of the confidentiality agreement and HIPAA policy when posting on social media .

## ENTHUSIASM, COOPERATION, AND PARTICIPATION

Enthusiasm, cooperation, and participation are stimulating factors which contribute to interpersonal relationships, learning, and good working conditions. Students are expected to participate in all aspects of learning, whether in the classroom, laboratory, clinical setting, online, or other program related events to the best of their ability. Student may be interviewed, photographed, and/or audio/videotaped related to their participation in PTA program learning experiences. Students are requested to read and sign the Consent and Release of Media Materials for Interview, Photographing, Audio/Videotaping and/or Website Use statement on the PTA Student Informed Consent Signature Form.

Additionally, students are expected to demonstrate and practice skills on each other or with their clinical instructor. Students will serve as practice subjects (client simulators) for other students to perform select procedures and techniques with. Students must notify program faculty of any contraindications to a technique prior to the demonstration or practice of the skill. If students choose not to participate, it may jeopardize their ability to safely complete the course and they may have to withdraw from the course or clinical setting.

Participation in clinical education with interventions on real patients/clients under the direction and direct supervision of a clinical instructor or clinical faculty is expected and required of all students to complete the necessary requirements of their respective program. Students must be able to touch and be physically touched consistent with professional protocol and responsibilities in patient care.

## GENERIC ABILITIES

Generic abilities are attributes, characteristics, or behaviors that are not explicitly part of the profession's core of knowledge and technical skills, but are nevertheless required for the success of the profession. Developed at the University of Wisconsin in Madison, the ten Generic Abilities will be utilized by the PTA program faculty as a method of assisting students to develop these professional skills. Students are not expected to automatically demonstrate advanced skills in all areas of the assessment, but basic behaviors are expected from students at all times in the classroom and the clinic. Students are expected to develop these behaviors as they progress through the program.

 Assessment by Clinical Faculty: The Generic Abilities assessment tool may be used by clinical faculty at any time during a clinical practicum. Additional self-assessments may occur during clinical practicum experiences to serve as a development tool for students.

## POLICY FOR HEALTH CAREER PROGRAMS STUDENT DISMISSAL

Certain acts by students and breaches of the College Code of Conduct (see current college catalog) are considered serious enough to warrant immediate and permanent dismissal from a Health Career program of study as well as all Health Career Programs. Students dismissed from a Health Career program for violations of the College Code of Conduct or for any of the following reasons will not be allowed to enter or re-enter any Health Career program at Kankakee Community College. The following list is not meant to limit the ability to apply dismissal as a disciplinary action, should a circumstance that is not listed warrant dismissal. Students should be aware; however, that the acts of conduct considered serious enough to warrant immediate and permanent dismissal from a Health Career program include, but are not limited to the following examples and apply to all components of the curriculum and time while an active student.

- 1. Unauthorized possession of firearms or other weapons on college premises or clinical the premises of a clinical facility.
- 2. Possession and/or use of alcohol, illegal drugs or drug paraphernalia on college premises or the premises of a clinical facility.

- 3. Intoxication or being under the influence of alcohol, illicit drugs or prescription drugs that alter the ability to function safely during clinical or classroom time.
- 4. Willful damage or theft of college property or property of a clinical facility.
- 5. Unethical, illegal, unprofessional or other behavior or conduct that is otherwise considered unacceptable by the program, College or clinical facility.
- 6. Falsification or invention of information/documentation.
- 7. Falsification of student or clinical facility records.
- 8. Failure to maintain confidentiality and/or disclosure of confidential information.
- 9. Failure to accept constructive feedback.
- 10. Failure to achieve or maintain expected standards and/or level of programmatic performance.
- 11. Failure to demonstrate safety or comply with safety procedures in the classroom, campus lab, simulation lab or clinical setting and/or a serious or repeated threat to self, other or patient safety.
- 12. Verbal or physical threatening behavior.
- 13. Cheating by using or attempting to use unauthorized materials, information or study aids during an academic exercise or examination. Sharing information about an examination or unauthorized sharing of information about an assignment with other students is considered a violation of this policy.
- 14. Failure to follow policies or guidelines of the Health Career program, College or clinical facility.
- 15. Failure to get along with others.

For student recognition of this policy, see the Health Career Policy Acknowledgement Signature Form.

## PERSONAL APPEARANCE STANDARDS

Students in a Health Career Program at KCC are expected to present themselves professionally at all times, including in the classroom, lab, and clinical experiences. Personal appearance is an important component of professionalism. Students should use sound judgment when choosing attire to be worn. Attire must be in compliance with the policies of KCC and the health care facilities. Attire should always present a positive image at all times.

Program dress codes may be superseded by those of a particular clinical facility where a student is assigned. Also, an instructor may modify the standards to meet the needs for a particular experience. The program or clinical faculty reserves the right to dismiss a student from a planned learning experience if the student is not in compliance with the personal appearance requirements or if personal appearance or hygiene is deemed unacceptable at the discretion of the instructor. The dismissal from a particular learning experience due to inappropriate professional attire will constitute an absence which must be made up when the experience permits.

#### Personal Hygiene

Good personal hygiene is a must. Special attention must be paid to the following:

- 1. Hair must be kept off of the collar and away from the face and eyes. Hair color should be of a natural tone. Streaks of distracting colors will not be allowed. Beards and mustaches must be neatly trimmed. Stubble growth of a beard is not acceptable.
- 2. Fingernails must be short, neat and clean. Fingernail polish may be worn if neutral in color and well maintained. Artificial nails are not permitted.
- 3. Makeup may be worn in moderation and should be discreet and complimentary to natural features.

- 4. No body odors. The student's body and clothing should be clean and free of all odors. The use of deodorant is strongly encouraged. The use of perfumes and after-shave lotions are discouraged. Strong scents which may be offensive to patients are not allowed.
- 5. Students are allowed to wear wedding or engagement rings, watches, and simple earrings. No dangling jewelry is allowed. No visible piercing other than ear lobe(s) is acceptable, including ear gauges. Members of religious orders should confer with the Program Director if special considerations are needed. Jewelry must not impede patient care, safety, or contaminate the patient or equipment.
- 6. Tattoos and hickeys must be covered.
- 7. Health Career students are expected to exemplify a life of health and wellness. Smoking is viewed as an unhealthy practice and is not allowed on the KCC campus and/or the premises of clinical facilities.
- 8. Good oral hygiene is a must. Avoid foods that leave a pungent odor during the clinical day.

### Dress Code

Students in a Health Career Program at KCC are expected to always present themselves professionally, during clinical experiences. Personal appearance is an important component of professionalism. Students should use sound judgment when choosing attire to be worn. Attire must follow the policies of KCC and the health care facilities. Attire should always present a positive image.

Professional dress for clinical practicums may vary between clinical settings and clinical facilities. The KCC student ID badge must be worn upon request from the clinical site.

## Dress Code for Clinical Practicums and Experiences

- 1. KCC student photo ID name badge The ID badge will be distributed to students by program faculty and is a part of the professional dress attire. If a replacement badge is needed, the student must inform the Health Careers Division's administrative assistant and a new one will be ordered at the expense of the student. The name badge can be worn during clinical experiences, at the request of the clinical site, and should be worn near the shoulder area so that it is clearly visible to others. This ID badge is not to be worn to any other classes other than clinical practicums or when requested by the program faculty during field trips or other program related activities. An ID badge provided by the clinical facility may be worn in lieu of the KCC ID badge. Students will be asked to leave the clinical facility if they are not properly identified as a KCC Health Careers student.
- 2. KCC PTA Program Polo Each student is required to purchase a KCC PTA program polo. The student is responsible for the care and maintenance of the polo.
- 3. Professional dress casual is expected of all students, which includes dress slacks (solid color) with a KCC PTA Program polo, unless otherwise stated by the clinical facility. Scrubs may be worn if in accordance with the clinical facility's dress code.
- 4. No jeans, t-shirts, shorts, leggings, jogging suits, short skirts, hats, or other casual apparel may be worn when in the clinical setting unless requested by the clinical facility.
- 5. Shoes must be clean, in good repair and conducive to mobility, safety, and the maintenance of a quite environment. Athletic type shoes may be acceptable if they are rubber soled and well-fit with laces tied. No sandals, open-toed shoes, clogs, mules, crocks or high heels are permitted in the clinical setting.
- 6. Students must abide by clinical safety rules and observe standard and blood borne pathogen precautions. Personal protection equipment must be worn in accordance with facility policy and procedures.

## ESSENTIAL FUNCTIONS OF THE PTA STUDENT

In order to provide competent patient care, PTA students must have the necessary abilities and skills which include: observation, communication, physical strength and endurance, gross and fine motor skills, hearing, visual, tactile and smell sensory ability, intellectual-conceptual abilities; and behavior/social attributes. Reasonable accommodations can be made for some disabilities in certain areas, but PTA students must be able to perform in a reasonably independent manner.

Students should be familiar with the Essential Functions of a PTA Student and acknowledge their understanding by signing the Essential Functions Statement on the PTA Student Informed Consent Signature Form. Students must be capable of all physical and functional requirements throughout the program. Students who are unable to perform these Essential Functions of the PTA Student, with our without reasonable accommodations, may be unsafe in the clinical environment and thus will likely be unsuccessful in the program.

## ESSENTIAL FUNCTIONS OF A PTA STUDENT

Kankakee Community College Degree signifies that the degree holder has been educated to practice physical therapy as a physical therapist assistant and apply for licensure. A healthcare professional's education requires assimilation of knowledge, acquisition of skills, and development of judgment through patient care experiences in preparation for semi-autonomous, collaborative practice and making appropriate decisions required in such practice. The practice of physical therapy emphasizes collaboration among allied health care professionals, patients, and staff.

The curriculum leading to the degree from KCC requires students to engage in diverse, complex, and specific experiences essential to the acquisition and practice of essential healthcare practitioner skills and functions. These can function in unique combinations of cognitive, affective, psychomotor, physical, and social abilities. In addition to being essential to completing the degree's requirements, these functions are necessary to ensure patients' health and safety, fellow candidates, faculty, and other healthcare providers.

The essential qualifications necessary to acquire or demonstrate competence in a discipline as complex as Physical Therapy and needed for successful admission and continuance by candidates for the Associates in Applied Science in Physical Therapist Assistant, in addition to the standards of behavior and academic conduct outlined in the KCC code of conduct, include, but are not limited to, the following skills, competence, abilities, and behaviors. Reasonable accommodations can be made for some disabilities in certain areas, but PTA students must perform in a reasonably independent manner.

Students should be familiar with the Essential Functions of a PTA Student and acknowledge their understanding by signing the Essential Functions Statement on the PTA Student Informed Consent Signature Form. Students must be capable of all physical and functional requirements throughout the program. Students who cannot perform these Essential Functions of the PTA Student with or without reasonable accommodations may be unsafe in the clinical environment and will likely be unsuccessful in the program.

In compliance with the Americans with Disabilities Act, Kankakee Community College and the Physical Therapist Assistant (PTA) program do not discriminate based on disability in educational policies, admission policies, student aid, or other college-administered programs.

The essential qualifications necessary to acquire or demonstrate competence in a discipline as complex as Physical Therapy and needed for successful admission and continuance by candidates for the Associates in Applied Science in Physical Therapist Assistant, in addition to the standards of behavior and academic conduct outlined in the KCC code of conduct, include, but are not limited to, the following functions, skills, competence, abilities, and behaviors. Reasonable accommodations can be made for some disabilities in certain areas, but the PTA student must perform in a reasonably independent manner. The following is a list of essential functions that are required of students in the PTA Program:

#### Motor skills

Students shall have sufficient motor function to execute movements required to provide general care and treatment to patients in all health care settings. (for example: For the safety and protection of the patients, the student must have the ability, within reasonable limits, to safely assist a patient in moving, for example, from chair to a bed, examination table, or from a wheelchair to another location)

## Sensory/Observation

A student must be able to acquire the information presented through demonstrations and experiences. They must observe a patient accurately, at a distance, and close at hand, and observe and appreciate non-verbal communications when performing an assessment and intervention or administering of treatment. The student must be capable of perceiving the signs of abnormal movement and disease through physical examination. Such information is derived from visual, auditory, and palpation of the patient. They must be willing to participate in experiences including but not limited to palpation, soft tissue mobilization, joint mobilization, electrical stimulation, ultrasound, thermomodalities, transfers, gait, and bed mobility training.

#### Communication

The student must communicate effectively and sensitively with other students, faculty, staff, patients, family, and other professionals. They must clearly express their ideas and feelings and demonstrate a willingness and ability to give and receive feedback. A student must convey or exchange information at a level allowing the development of health history, identify problems presented, explain alternative solutions, and give directions during treatment and post-treatment. The student must be able to communicate effectively in oral and written forms in English. They must be able to process and communicate information on the patient's status with accuracy in a timely manner to the health care team members.

## Cognitive

A student must be able to measure, calculate, reason, analyze, integrate, and synthesize in the context of Physical Therapy. They must quickly read and comprehend extensive written material, evaluate and apply information, and engage in critical thinking in the classroom and clinical setting.

## Behavioral/Emotional

A student must possess the emotional health required to fully utilize their intellectual abilities, exercise good judgment, and prompt completion of all responsibilities attendant to the care plan. Also, they must be able to maintain mature, sensitive, and effective relationships with patients, students, faculty, staff, and other professionals under all circumstances, including highly stressful situations. The student must have the emotional stability to function effectively under stress and adapt to an environment that may change rapidly without warning and/or unpredictable ways. The student must be able to experience empathy for others' situations and circumstances and effectively communicate that empathy. The student must know their values, attitudes, beliefs, emotions, and experiences affect their perceptions and

relationships with others. They must be able and willing to examine and change their behavior when it interferes with productive individual or team relationships. They must possess the skills and experience necessary for effective and harmonious relationships in diverse academic and working environments.

#### **Professional Conduct**

The student must possess the ability to reason morally and practice ethically. They must be willing to learn and abide by the Standards of Ethical Conduct for the Physical Therapist Assistant. They must possess compassion, empathy, altruism, integrity, honesty, responsibility, and tolerance. They engage in patient care delivery in all settings. They can deliver care to all patient populations, including but not limited to children, adolescents, adults, developmentally disabled persons, medically compromised patients, and vulnerable adults.

Students who cannot perform these functions, with or without reasonable accommodations, may be unsafe in the clinical environment and will likely be unsuccessful in the program.

If you have concerns about meeting these essential functions, please make an appointment with an Admissions Advisor, Disability Services Office Coordinator, and/or the PTA Program Director at KCC.

## AMERICANS WITH DISABILITIES ACT

If a student has a documented disability and will require a reasonable instructional accommodation, it is the student's responsibility to contact the Office of Disability Services at 815-802-8632, or online at <a href="https://www.kcc.edu/disabilityservices">www.kcc.edu/disabilityservices</a>, as well as notify the PTA Program Director.

## **EQUAL OPPORTUNITY/AFFIRMATIVE ACTION:**

KCC is an equal opportunity/affirmative action employer and complies with applicable federal and state laws prohibiting discrimination, including Title IX of the Educational Amendments of 1972, Section 540 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the CROWN Act of 2023.

It is the policy of the college that no person on the basis of race, gender identity/expression, sexual orientation, sex, genetic information, creed, religion, color, marital or parental status, veteran status, age, national origin, membership in any professional group, organization or association, socioeconomic status, mental or physical disability shall be discriminated against. The CROWN Act broadens the definition of race to include "traits associated with race, including but not limited to, hair texture and protective hairstyles such as braids, locks, and twists." This includes, but is not limited to admissions, employment, financial assistance, placement, recruitment, educational programs, or activities. Lack of English skills is not a barrier to admission and participation in educational programs.

Inquiries or complaints may be addressed to David Cagle, director of human resources/Affirmative Action officer; Meredith Purcell, vice president for student affairs, Title IX coordinator; or Kim Jeffreys, director of support services/Section 504 coordinator; Kankakee Community College, 100 College Drive, Kankakee, IL 60901-6505; 815-802-8100. TTY users may phone 711. Outside of Illinois, dial 1-800-526-0844.

David Cagle and Meredith Purcell ensure that the college is in compliance with the federal law by handling complaints, answering questions, organizing information and relevant statistics and staying informed regarding laws which affect these areas.

Kim Jeffreys coordinates the college's services/programs that allow access to education for students/staff with disabilities.

SECTION 6	5: PROFESS	SIONAL CO	DRE DOCUI	<u>MENTS</u>

#### **Professional Core Document Links:**

Please contact <a href="mailto:rvandevelde@kcc.edu">rvandevelde@kcc.edu</a> if you encounter any issues accessing the following documents via the link. A copy can be provided upon request.

## **Levels of Supervision**:

https://www.apta.org/apta-and-you/leadership-and-governance/policies/levels-supervision

#### Guidelines and Self Assessments for Clinical Education:

https://www.apta.org/contentassets/7736d47f2ec642a3962276d9b02503d2/guidelinesandselfassessmentsforclined.pdf

## Guidelines to Promote Excellence in Clinical Education Partnerships:

https://www.apta.org/apta-and-you/leadership-and-governance/policies/guidelines-to-promote-excellence-in-clinical-education-partnerships

## Legal and Ethical Expectations for Clinical Education:

https://www.apta.org/apta-and-you/leadership-and-governance/policies/legal-and-ethical-expectations-for-clinical-education

## Standards of Ethical Conduct for the Physical Therapist Assistant:

https://www.apta.org/apta-and-you/leadership-and-governance/policies/standards-of-ethical-conduct-for-the-physical-therapist-assistant

## APTA Guide for Conduct of the Physical Therapist Assistant:

https://www.apta.org/your-practice/ethics-and-professionalism/apta-guide-for-conduct-of-the-physical-therapist-assistant

## Core Values for the Physical Therapist and Physical Therapist Assistant:

https://www.apta.org/apta-and-you/leadership-and-governance/policies/core-values-for-the-physical-therapist-and-physical-therapist-assistant

## Direction and Supervision of The Physical Therapist Assistant:

https://www.apta.org/apta-and-you/leadership-and-governance/policies/direction-supervision-pta

# ACAPT Physical Therapy Clinical Education Glossary:

https://acapt.org/glossary

## PROGRAM DESCRIPTION

This program prepares students to be entry-level physical therapist assistants who function effectively in an ever-changing healthcare environment. This two-year Associate in Applied Science program consists of five consecutive semesters of classroom and clinical education with a strong emphasis on professional standards. As a cohort, students' progress from classroom to clinical experiences in a variety of physical therapy settings. Graduates are eligible to take the national licensing examination. This degree typically is not designed for transfer.

## DEGREE AWARDED

Associate in Applied Science (AAS) degree

## **ACCREDITATION**

The Physical Therapist Assistant Program at Kankakee Community College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, VA 22314; telephone: 703-706-3245; email: accreditation@apta.org; website: http://www.capteonline.org/.

CAPTE is the accrediting body for all Physical Therapist (PT) and Physical Therapist Assistant (PTA) education programs. The PTA program is designed to meet and exceed the standards of CAPTE to ensure the program quality necessary for successful operation and continuous quality monitoring and improvement.

## MISSION STATEMENT, CORE VALUES, AND PHILOSOPHY

## PTA PROGRAM MISSION STATEMENT

Enhancing quality of life through learning by committing to academic excellence in physical therapy education; developing entry-level physical therapist assistants who function effectively in an ever-changing healthcare environment; and providing exceptional services to our academic, professional, and community partners.

## CORE VALUES

The PTA Program endorses and promotes the core values of the College (respect, excellence, learning, integrity, and collaboration) and the core values of the American Physical Therapy Association which represents that of the profession (accountability, altruism, compassion/caring, excellence, integrity, professional duty, and social responsibility).

## PTA PROGRAM PHILOSOPHY

Faculty of the Physical Therapist Assistant (PTA) program is committed to providing the educational experiences necessary to equip students to graduate with entry-level skills competitive for the physical therapy profession and the demands of the changing health care environment. Students are prepared to function as Physical Therapist Assistants who function under the direction and supervision of physical therapists as responsible members of the health care team.

The curriculum for the Associate of Applied Science degree in physical therapy is designed to meet and exceed the standards of the Commission on Accreditation in Physical Therapy (CAPTE), the professional standards of the American Physical Therapy Association (APTA), and the expectations of the student.

Intended to support and integrate the College philosophy of learning, the PTA program believes in general education as well as specialized studies resulting in a comprehensive academic program. We believe such a program develops students who are flexible and holistic in their approach to patient care and assists them in becoming

contributing members of society by providing them with an opportunity to explore personal and professional values, ideas, and bodies of knowledge and apply and integrate this with new information.

The two major components of the Physical Therapist Assistant professional education curriculum are academic and clinical experiences. We believe the two components should be planned and implemented to be interdependent and to reinforce one another. Educational objectives are developed to provide an atmosphere that integrates didactic instruction and laboratory practice in the technical aspects of physical therapy with clinical experiences. The PTA program is a five consecutive semester program. Once admitted to the program, students must progress through the courses corresponding to the curriculum model. To facilitate student success, the curriculum is designed to progress students along a learning continuum from basic clinical skills and knowledge to terminal clinical experiences. The curriculum encompasses the three learning domains; cognitive, psychomotor and affective, and emphasizes professional behaviors and communication. Achievement of program goals and learning outcomes are assessed using a wide range of methodologies to meet the objectives of a personalized educational experience, prepare for students to successfully pass the licensure exam, and ultimately experience rewarding careers as Physical Therapist Assistants.

Learning is an individual and life-long process. Learning also is an active process requiring participation of both the teacher and the student in a collaborative and supportive learning environment. A commitment to open communication and mutual respect between faculty and students fosters an environment where students are responsible for their own learning through seeking and providing information, feedback and guidance, and maintaining an openness to learning; and faculty ensures program quality, evaluates student performance and behavioral expectations consistently and fairly, and provides feedback to the students regarding their performance. The faculty also provides a positive example to students through service and leadership to the physical therapy profession and community.

Life is a journey - and every individual has the potential to make a positive difference and be an effective change agent in society. For some, the PTA Program is a starting point, for others it is a change in career or life journey. Graduates of the PTA program at KCC will have the opportunity to change lives and impact others, the physical therapy profession, and health care as a whole. The PTA program embraces each student's story and hopes to contribute in a meaningful way in their journey to become effective and successful Physical Therapist Assistants. Likewise, it is the purpose of the PTA Program to instill this philosophy in the students so they may in turn continue and make memorable differences in the lives of their patients and others along the way.

## PTA PROGRAM GOAL

#### 1. DEMONSTRATE ACADEMIC EXCELLENCE IN PHYSICAL THERAPY EDUCATION

**Objective 1A:** Exceed required student achievement measures as demonstrated by actual program outcomes Measure: Graduation rate is at least 80% annually [CAPTE standard is 60%, averaged over two years]

Measure: Ultimate licensure pass rate is at least 90% annually [CAPTE standard is 85%, averaged over two years]

Measure: Employment rate is at least 90% annually for those graduates seeking employment as a PTA within 1 year following graduation [CAPTE standard is employment rates are at least 90%, averaged over two years.]

Objective 1B: Admissions and program enrollment meet program needs and expectations

Measure: Enroll a full cohort of students annually who meet admissions criteria and prerequisites

Measure: Graduation rate is at least 80% annually. [CAPTE standard is 60%, averaged over two years]

Objective 1C: Retain qualified and effective faculty that meet program and curricular needs

Measure: 100% of PTA program core faculty and adjunct faculty have contemporary expertise in assigned teaching areas, including holding a current license to practice as a PT or PTA in Illinois

Measure: 100% of PTA program core faculty demonstrate College or professional service in accordance with the full-time faculty contract

Measure: 100% of PTA program core faculty and adjunct faculty will be formally evaluated in accordance with College policies and receive recommendation for retainment by the Dean of Health Careers or Program Director, or the individual faculty member will have an action plan in place to address noted deficiencies

Measure: 100% of PTA program core faculty and adjunct faculty develop an annual professional development plan linked to the evaluation of the individual faculty member and to program improvement

Measure: 100% of PTA program and adjunct faculty will be rated at least 3.0 (1-5 scale) on the global index about the professor on all completed Student Evaluations of Instruction course evaluations

Measure: 100% of clinical instructors are licensed physical therapists or physical therapist assistants with a minimum of one year of full-time (or equivalent) post-licensure clinical experience

Measure: 90% of clinical instructors will receive ratings of 3.0 or higher (1-5 scale) in their provision of clinical instruction as rated by students using APTA's Physical Therapist Assistant Student Evaluation: Clinical Experience and Clinical Instruction

Objective 1D: Provide sufficient resources to meet current and projected program needs

Measure: The PTA Program annual budget will reflect sufficient funds for supplies, faculty, maintenance and acquisition of equipment, and other operational costs for of the program identified in short- and long-term planning

Measure: 80% of respondents consisting of current students will rate 3.0 or higher (1-5 scale) indicating that both the equipment in the lab and the lab space are adequate for the completion of course assignments for each PTA technical course with a lab component, using completed Program Survey

Measure: 80% of respondents consisting of program graduates will rate "Satisfied" or "Very Satisfied" on 2.3 (Equipment, facilities, and materials specific to the PTA program) and 5.1-5.16 (Service Areas) on the Program Survey

**Objective 1E**: Develop and utilize policies and procedures designed to meet the mission, goals and objectives of the program

Measure: 100% of program, and relevant College, policies and procedures are reviewed annually by PTA program faculty who make additions and changes, as deemed necessary, with input from others affiliated with the program (i.e., Advisory Committee, students, graduates, administration)

Measure: Meet or exceed all student achievement measures in Objective 1A

2. Graduate competent entry-level Physical Therapist Assistants who function effectively under the direction and supervision of a Physical Therapist

To meet this goal, graduates will:

**Objective 2A:** Communication, Education, and Documentation – Collaborate effectively as members of an interprofessional healthcare team by communicating in ways that are congruent with situational needs in all interactions within the role and responsibilities of the Physical Therapist Assistant.

Measure: 100% of graduates will obtain entry level rating in PHTA2234 Clinical Practicum III using the final PTA PAS Criterion #5 (Communication) and Criterion #13 (Documentation) for 2016-2022 or final PTA PAS criterion #3 (Communication) and Criterion #8 (Documentation)

Objective 2B: Patient/Client Care and Management – Incorporate sound clinical reasoning and problem solving to provide evidence-based and patient-centered care to diverse populations across the lifespan by effectively and efficiently carrying out the physical therapy plan of care as competent Physical Therapist Assistants under the direction and supervision of the Physical Therapist.

Measure: 100% of graduates will obtain entry level rating in PHTA2234 Clinical Practicum III using the final PTA PAS Criterion #8-12 (Interventions) for 2016-2022 or final PTA PAS Criterion #4 (Clinical Reasoning) and Criterion #6-7 (Interventions)

**Objective 2C:** Participation in Health Care Environment and Practice Management – Contribute to high-quality practice management in both patient care and non-patient care activities in an ever-changing healthcare environment. Measure: 100% of graduates will obtain entry level rating in PHTA2234 Clinical Practicum III using the final PTA CPI Criterion #1 (Safety), Criterion #7 (Clinical Problem Solving), and Criterion #14 (Resource Management) for 2016-2022 or final PTA PAS Criterion #1 (Safety), Criterion #4 (Clinical Reasoning), Criterion #9 (Administration and Management)

**Objective 2D**: Behavior and Conduct – Exhibit expected clinical behaviors in a professional and culturally competent and sensitive manner and that are consistent with established core professional values and established ethical and legal guidelines.

Measure: 100% of graduates will obtain entry level rating in PHTA2234 Clinical Practicum III using the final PTA PAS Criterion #2 (Clinical Behaviors), Criterion #3 (Accountability), and Criterion #4 (Cultural Competence) for 2016-2022 or final PTA PAS Criterion #2 (Professionalism and Professional Development) and Criterion #3 (Interpersonal Relations and Communications)

**Objective 2E:** Career Development and Lifelong Learning – Pursue lifelong personal and professional development through self-assessment, career development and lifelong learning opportunities to improve knowledge, skills, and behaviors.

Measure: 100% of graduates will obtain entry level rating in PHTA2234 Clinical Practicum III using the final PTA PAS Criterion #6 (Self-Assessment and Lifelong Learning) for 2016-2022 or final PTA PAS Criterion #2 (Professionalism and Professional Development)

**Objective 2F:** Social Responsibility – Enhance quality of life and health and wellness of the community by promoting an awareness of social responsibility, citizenship, and advocacy.

Measure: 100% of graduates will demonstrate promotion of social responsibility, citizenship, and advocacy through reflection on their 20 hours or more of service while a PTA student.

3. Provide exceptional services to our academic, professional, and community partners

**Objective 3A**: Support the mission of the College and meet the needs of the community through a mission, goals and objectives that reflect contemporary physical therapy education and practice

Measure: The program's mission, goals and objectives are compatible with the College and reflect contemporary physical therapy education and practice for the preparation of physical therapist assistants upon annual assessment by the PTA faculty and Advisory Committee

**Objective 3B**: Take a convening leadership role to strengthen and sustain community partnerships Measure: Provide quality training and continuing education annually for clinical instructors and physical therapist and physical therapist assistants based on identified needs

## Objective 3C: Offer a quality, accredited program

Measure: Maintain full CAPTE accreditation in accordance with all Rules of Practice and Procedure and the Standards and Required Elements for accredited physical therapist assistant programs

Program objectives derived from the Commission on Accreditation in Physical Therapy Education (CAPTE) Standards and Required Elements for Accreditation of Physical Therapist Assistant Programs (effective 1/2016).

## PTA PROGRAM OBJECTIVES

Upon successful completion of the Physical Therapist Assistant Program at Kankakee Community College, the graduate will demonstrate the knowledge, problem-solving ability, skills, philosophical and attitudinal framework necessary to:

- 1. **Communication, Education, and Documentation** Collaborate effectively as members of an interprofessional healthcare team by communicating in ways that are congruent with situational needs in all interactions within the role and responsibilities of the Physical Therapist Assistant.
- 2. Patient/Client Care and Management Incorporate sound clinical reasoning and problem solving to provide evidence-based and patient-centered care to diverse populations across the lifespan by effectively and efficiently carrying out the physical therapy plan of care as competent Physical Therapist Assistants under the direction and supervision of the Physical Therapist.
- 3. **Participation in Health Care Environment and Practice Management** Contribute to high-quality practice management in both patient care and non-patient care activities in an ever-changing healthcare environment.
- 4. **Behavior and Conduct** Exhibit expected clinical behaviors in a professional and culturally competent and sensitive manner and that are consistent with established core professional values and established ethical and legal guidelines.
- 5. **Career Development and Lifelong Learning** Pursue lifelong personal and professional development through self-assessment, career development and lifelong learning opportunities to improve knowledge, skills, and behaviors.
- 6. **Social Responsibility** Enhance quality of life and health and wellness of the community by promoting an awareness of social responsibility, citizenship, and advocacy.

Program objectives derived from the Commission on Accreditation in Physical Therapy Education (CAPTE) Standards and Required Elements for Accreditation of Physical Therapist Assistant Programs (effective 1/2024).

#### PTA PROGRAM OUTCOMES

Current program performance measures, including graduation rates, licensure examination pass rates, and employment rates are available online at <u>Kankakee Community College - Physical Therapist Assistant</u>, <u>AAS (smartcatalogiq.com)</u>.

## PROGRAM CURRICULUM

The PTA curriculum has been arranged to reflect the progression in course content from simple to more complex information. The general education courses provide important foundational information that you need to incorporate into the PTA core technical courses. The rigor of the PTA program is high throughout the program but does increase as you progress through the program and develop increased skill and knowledge in physical therapy.

The curriculum guidelines set forth by CAPTE integrate all aspects of PTA education including; didactic/theory, technical skills (lab and clinical education), and professional behavior expected of the PTA. The PTA program places equal emphasis throughout the entire program on all three areas to develop competent entry-level Physical Therapist Assistants.

- Theory: The classroom portion of the curriculum is taught in traditional face-to-face and/or online/hybrid format. This requires students to have computer and web access.
- Technical Skills/Lab: The lab portion of the program aids students in learning the technical skills of a PTA. Once concepts and interventions are learned in the classroom, they will be practiced in the lab setting as appropriate. Students are required to demonstrate proficiency in select skills and interventions prior to entering the clinical setting.
- Technical Skills/Clinical Education: Clinical Education gives students exposure and "real world" experience in physical therapy with a clinical instructor who is a physical therapist (PT) or physical therapist assistant (PTA). Students develop the PT/PTA relationship and apply learned knowledge, patient skills and interventions, and professional behaviors in the clinical environment under the direction and supervision of a PT. Clinical practicums will be held in a variety of physical therapy settings to meet the needs of each student and overall learning objectives.

## DEGREE REQUIREMENTS AND SUGGESTED COURSE SEQUENCE

This program prepares students to be entry-level physical therapist assistants who function effectively in an ever-changing healthcare environment. This two-year Associate in Applied Science program consists of five consecutive semesters of classroom and clinical education with a strong emphasis on professional standards. As a cohort, students' progress from classroom to clinical experiences in a variety of physical therapy settings. This degree typically is not designed for transfer.

## **Physical Therapist Assistant**

## Associate in Applied Science Degree – PTA.AAS.C30

PHTA courses must be completed in the order shown in the course sequence. All courses must be completed with a grade of C or better. Refer to the College Catalog for course descriptions, including course prerequisites.

## 1st YEAR

FALL SEMESTER			Contact Hours		
Course	Course Title	Credit	Lecture	Lab	Clinical
ENGL 1613	English I	3	3	0	0
BIOL 2644	Anatomy & Physiology I	4	3	2	0
PHTA 1101	Introduction to Health Care	1	1	0	0
PHTA 1103	Kinesiology I	3	2	2	0
PHTA 1115	PTA Fundamentals I	5	3	4	0
PHTA 1172	Pathology I for the PTA	2	2	0	0
	Total	18			

SPRING SEMES	STER				
Course	Course Title	Credit	Lecture	Lab	Clinical
BIOL 2654	Anatomy & Physiology II	4	3	2	0
SPCH 1553	Introductory Speech	3	3	0	0
PHTA 1133	PTA Fundamentals II	3	1	4	0
PHTA 1203	Kinesiology II	3	2	2	0
PHTA 1243	Manual Therapy for the PTA	3	1	4	0
PHTA 1272	Pathology II for the PTA	2	2	0	0
	Total	18			
2nd YEAR					
INTERIM/SUM	MER SESSION				
Course	Course Title	Credit	Lecture	Lab	Clinical
PSYC 1813	Introduction to Psychology	3	3	0	0
PHTA 2001	Professional Standards of the PTA	1	1	0	0
PHTA 2053	PTA Clinical Practicum I	3	0	0	200
	Total	7		I	
FALL SEMESTE	TR.				
Course	Course Title	Credit	Lecture	Lab	Clinical
PHTA 2145	Orthopedics for the PTA	5	3	4	0
PHTA 2156	PTA Fundamentals III	6	4	4	0
PHTA 2185	PTA Fundamentals IV	5	3	4	0
FHIA 2103	Total	16	<u> </u>	4	0
SPRING SEMES		16			
				Ι ,	
PHTA 2293	PTA Fundamentals V	3	2	2	0
PHTA 2224	PTA Clinical Practicum II	4	0	0	240
PHTA 2234	PTA Clinical Practicum III	4	0	0	240
PHTA 2201	Current Issues in PT Practice	1	1	0	0
	Total	12			

Program Total (minimum credit hours for completion)	71
completion)	/1

## **COURSE DESCRIPTIONS**

## PHTA 1101 INTRODUCTION TO HEALTHCARE 1/0 (1)

Prerequisite: Admission to the Physical Therapist Assistant program. This course introduces students to the historical foundations and contemporary practice of physical therapy within an ever-changing health care environment. Traditional and emerging roles and responsibilities, professional relationships, and professional behaviors necessary to function as a physical therapist assistant will be explored and emphasized. Students will cultivate self-awareness and personal and professional development in communication and interpersonal skills, professionalism, cultural competence, group dynamics and leadership. A culture rooted in the core values of the profession will be established and provide the base for on-going consideration of ethical and legal issues. Students will be introduced to strategies to acquire, appraise, and integrate professional literature and resources into evidence-based practice.

## PHTA 1115 PTA FUNDAMENTALS I 3/4 (5)

Prerequisites: Admission to the Physical Therapist Assistant program and BIOL 2644 (or concurrent enrollment). This course provides the study of basic physical therapy concepts and skills, documentation, and a hands-on introduction to patient care. Emphasis is on standard precautions, infection control and blood borne pathogens, vital signs, transfer techniques, wheelchairs (including basic management and mobility), use of assistive devices/introduction to assisted gait patterns, introduction to normal gait, passive range of motion exercises and other functional skills and training with age specific information as pertains to each topic.

# PHTA 1103 PTA KINESIOLOGY I 2/2 (3)

Prerequisites: Admission to the Physical Therapist Assistant program and BIOL 2644 (or concurrent enrollment). This course includes an in-depth scientific analysis of human movement across the lifespan. Students will study normal postural alignment, gait, joint and muscle actions with an emphasis on functional mobility and activities. An introduction to principles of exercise through a study of all body systems is also included. The laboratory will allow for hands-on practice and application of the concepts and skills necessary for the understanding of human movement.

# PHTA 1133 PTA FUNDAMENTALS II 1/4 (3)

Prerequisites: Admission to the Physical Therapist Assistant program and BIOL 2644 (or concurrent enrollment). Students will study and apply scientific concepts and skills related to safe and effective application of physical therapy interventions and patient interactions while following the established plan of care developed by the physical therapist. The concepts and skills studied include electrotherapeutic modalities; physical agents and mechanical modalities, and other adjunctive modalities commonly utilized in physical therapy. Students will further develop clinical documentation skills.

# PHTA 1172 PATHOLOGY I FOR THE PTA 2/0 (2)

Prerequisites: Admission to the Physical Therapist Assistant program and BIOL 2644 (or concurrent enrollment). This course presents students with a body systems approach to the etiology, pathology, signs/symptoms, risk factors, and prognosis and medical treatment of specific diseases and conditions across the lifespan often seen in physical therapy. Students will be introduced to behavioral, social, and environmental factors contributing to disease and dysfunction as well as the psychosocial-spiritual impact on health care. Primary systems of study include musculoskeletal, neuromuscular, integumentary, and endocrine and diseases affecting multiple systems. Students will study the

fundamental basis of these diseases and conditions related to these systems and discuss related physical therapy implications. This course may be taught in an on-line or hybrid format.

## PHTA 1243 MANUAL THERAPY FOR THE PTA 1/4 (3)

Prerequisites: PHTA 1115, PHTA 1133, PHTA 1172, and BIOL 2654 (or concurrent enrollment). This course introduces students to the concepts and skills of the manual techniques utilized by the physical therapist assistant. Laboratory practice will allow for safe and effective hands-on application of selected techniques including: palpation of bony landmarks, muscles, and other soft tissues; soft-tissue mobilization; joint mobilization; and therapeutic massage.

## PHTA 1203 KINESIOLOGY II 4/4 (6)

Prerequisites: PHTA 1115, PHTA 1133, PHTA 1172, and BIOL 2654 (or concurrent enrollment). This course includes an indepth scientific analysis of human movement across the lifespan. Students will study normal postural alignment, gait, joint and muscle actions with an emphasis on functional mobility and activities, manual muscle testing, muscle length testing, goniometry, and an introduction to principles of exercise through a study of the musculoskeletal and neuromuscular systems. Laboratory will allow for hands-on practice and application of the concepts and skills necessary for the understanding of human movement.

## PHTA 1272 PATHOLOGY II FOR THE PTA 2/0 (2)

Prerequisites: PHTA 1115, PHTA 1133, PHTA 1172, and BIOL 2654 (or concurrent enrollment). This course is a continuation of PHTA 2032 and presents students with a body systems approach to the etiology, pathology, signs/symptoms, risk factors, and prognosis and medical treatment of specific diseases and conditions across the lifespan often seen in physical therapy. Students will further explore the behavioral, social, and environmental factors contributing to disease and dysfunction as well as the psychosocial-spiritual impact on health care. Primary systems of study include the cardiovascular, respiratory, gastrointestinal other special systems. Students will study the fundamental basis of these diseases and conditions and discuss related physical therapy implications. This course may be taught in an on-line or hybrid format.

# PHTA 2001 Professional Standards of the PTA 1/0 (1)

Prerequisites: PHTA 1101, PHTA 1243, and PHTA 1246, PHTA 1272. Professionalism through effective verbal and nonverbal communication with all members of the healthcare delivery team, the patient-caregiver interaction, interpersonal skills, and cultural sensitivity will be further reinforced. Students will learn techniques to provide psychosocial support for patients, families, and classmates. Individual cultural, religious and socio-economic differences will be explored, as will how these impact a person's response to therapy. Emphasis is placed on developing students' awareness of contributing positively to society and the patient care experience through their individual roles as Physical Therapist Assistants.

# PHTA 2053 PTA CLINICAL PRACTICUM I 0/9 (3)

Prerequisites: PHTA 1243, PHTA 1246, PHTA 1272, PHTA 2001 (or concurrent enrollment), and BIOL 2654. This 200-hour clinical experience is designed to introduce students to the healthcare environment through interaction in a physical therapy setting. This course provides a combination of observation and hands-on practice of selected physical therapy interventions in a closely supervised clinical setting with ongoing communication between the student, clinical instructor and academic faculty. Emphasis is placed on critical thinking and student self-awareness for ongoing personal and professional development.

## PHTA 2145 ORTHOPEDICS FOR THE PTA 3/4 (5)

Prerequisites: PHTA 2001 and PHTA 2053. This course requires students to apply previously learned concepts and skills to selected orthopedic patient conditions. Laboratory practice will allow hands-on application of selected data collection skills including: gait and balance; joint integrity and mobility; manual muscle testing; pain; postural alignment; goniometry; and edema. In addition, students will apply therapeutic interventions including, but not limited to: functional training; stretching and strengthening; postural awareness; utilization of exercise equipment; and establishment and implementation of a HEP. Students will develop the ability to safely and effectively implement, progress, adjust and document interventions to patient conditions across the life span utilizing critical thinking while following the established plan of care developed by the physical therapist.

## PHTA 2156 PTA FUNDAMENTALS III 4/4 (6)

Prerequisites: PHTA 2001 and PHTA 2053. This course requires students to apply previously learned concepts and skills to selected neurological patient conditions. Laboratory practice will allow hands-on application of selected data collection skills including: arousal, mentation, and cognition; assistive devices; gait, balance, and locomotion; neuromotor development; and postural alignment. In addition, students will apply therapeutic interventions including, but not limited to: functional training; balance and coordination training; postural awareness training; neuromotor rehabilitation techniques; and establishment and implementation of a HEP. Students will develop the ability to safely and effectively implement progress, adjust and document interventions to patient conditions across the life span utilizing critical thinking while following the established plan of care developed by the physical therapist.

## PHTA 2185 PTA FUNDAMENTALS IV 3/4 (5)

Prerequisites: PHTA 2001 and PHTA 2053. This course requires students to apply previously learned concepts and skills to selected cardiac, vascular, pulmonary, and integumentary conditions with integration of other systems as applicable. Laboratory practice will allow hands-on application of selected data collection skills including: aerobic capacity and endurance; assistive, adaptive, orthotic, and prosthetic devices; integumentary integrity; postural alignment; and ventilation and respiration examination. In addition, students will apply therapeutic interventions including, but not limited to: prosthetic and orthotic functional training; sterile techniques; aerobic conditioning; breathing and coughing techniques; wound management; and establishment and implementation of a HEP. Students will develop the ability to safely and effectively implement, progress, adjust, and document interventions to patient conditions across the life span utilizing critical thinking while following the established plan of care developed by the physical therapist.

# PHTA 2293 PTA FUNDAMENTALS V 2/2 (3)

Prerequisites: PHTA 2145, PHTA 2156, and PHTA 2185. This course expands upon previous Physical Therapist Assistant program coursework with an emphasis on special patient populations and topics in physical therapy. Students will develop the ability to safely and effectively implement, progress, adjust, and document interventions for these selected patient populations utilizing critical thinking while following the established plan of care developed by the physical therapist.

# PHTA 2224 PTA CLINICAL PRACTICUM II 0/12 (4)

Prerequisites: PHTA 2145, PHTA 2156, PHTA 2185, and PHTA 2293 (or concurrent enrollment). This 240-hour clinical education experience is designed to simulate full-time clinical work, allowing students to perform physical therapy interventions and procedures with increased hands-on patient care in a supervised clinical setting with ongoing communication between the student, clinical instructor and academic faculty. Students will continue to develop professional skills and behaviors as well as critical thinking skills to advance patient care interventions.

## PHTA 2234 PTA CLINICAL PRACTICUM III 0/12 (4)

Prerequisites: PHTA 2145, PHTA 2156, and PHTA 2185 and PHTA 2224 (or concurrent enrollment). This 240-hour clinical education experience is the culmination of all academic and clinical education preparation and is designed to simulate full-time clinical work, allowing students to practice advanced skills and interventions in a supervised clinical setting with ongoing communication between the student, clinical instructor and academic faculty. Emphasis is placed on mastery of entry-level skills in all communication, patient care interventions, and interactions with patients, families/caregivers, the public and other health care workers.

## PHTA 2201 CURRENT ISSUES IN PT PRACTICE 1/0 (1)

Prerequisites: PHTA 2145, PHTA 2156, and PHTA 2185. This course provides the opportunity for student discussion, sharing of clinical experiences and student presentations related to their clinical experiences. As the final preparation before entering the profession, topics will include: board exam review, licensure, job skills, practitioner roles, determining areas of clinical interest and legal and ethical issues.

# SECTION 8: LEADERSHIP AND ADMINISTRATION OF THE PROGRAM

## KCC LOCATION

The Physical Therapist Assistant (PTA) program is located on the main campus of Kankakee Community College (KCC) in Kankakee, Illinois. The mailing address for the program is:

Kankakee Community College Physical Therapist Assistant Program 100 College Drive Kankakee, IL 60901

The KCC PTA program's web site is linked to the KCC home page and is a valuable site for information about the program. Students are encouraged to become familiar with this site.

Kankakee Community College <a href="http://www.kcc.edu">http://www.kcc.edu</a>

PTA Program https://kcc.smartcatalogiq.com/2024-2025/academic-catalog/programs/physical-therapist-assistant-aas/

The Health Careers Center for Excellence (HCCE) houses the Division of Health Careers and includes several academic programs. A listing along with more information regarding the Health Career programs can be found at https://kcc.smartcatalogiq.com/2024-2025/academic-catalog/. The HCCE is an impressive facility with state-of-the-art technology and will undoubtedly enhance the learning experiences of our students and support KCC's commitment to one mission: Enhancing quality of life through learning.

## PTA PROGRAM FACULTY

## **CORE FACULTY**

Kim Libby PT, DPT Program Director/Assistant Professor

Office: M132

Office Phone: 815-802-8816 Email: klibby@kcc.edu Regina VanDeVelde PT, DPT, ATC ACCE/Assistant Professor Office: M132

Office: M132

Office Phone: 815-802-8817

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Email: <a href="mailto:rvandevelde@kcc.edu">rvandevelde@kcc.edu</a>

## **ADJUNCT FACULTY**

Carrie Arseneau, PTA Email: carseneau@kcc.edu

Aaron Fuerst, PTA Email: <u>afuerst@kcc.edu</u>

Jill Hills, PTA

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## HEALTH CAREERS DIVISION - ADMINISTRATION AND STAFF

Dean of Health Careers Chris Gibson

Office: M107

Office Phone: 815-802-8815 Email: cgibson@kcc.edu

Health Careers Division Office, W102

Administrative Assistant: 815-802-8800/8805

Division Office Fax Number: 815-802-8801

## COLLEGE – ADMINISTRATION AND STAFF CONTACT INFORMATION

President Dr. Michael Boyd

815-802-8360

Vice President, Academic Affairs Dr. Quincy Rose-Sewell

815-802-8826

Vice President, Student Development and Student Services Meredith Purcell

815-802-8510

Student Services, D221

Director of Advisement: Monica Quinlan 815-802-8514

Health Careers Advisor: Chenille Evans 815-802-8515

## KCC MISSION STATEMENT:

Enhancing quality of life through learning.

## KCC VISION STATEMENT:

KCC IS A FLEXIBLE ORGANIZATION WHERE TEAMWORK IS THE EXPECTATION AND STUDENT/CLIENT SUCCESS THE DRIVING FORCE. OUR SHARED VISION IS TO BE A LEADER IN CREATIVELY AND RAPIDLY RESPONDING TO OUR COMMUNITY'S EDUCATIONAL NEEDS, EMPHASIZING QUALITY, AFFORDABILITY AND EFFECTIVE PARTNERSHIPS. KCC IS DEDICATED TO PROVIDING QUALITY, COMPREHENSIVE EDUCATIONAL PROGRAMS AND SERVICES IN A FISCALLY RESPONSIBLE MANNER. KCC OFFERS A SUPPORTIVE ENVIRONMENT FOR LIFELONG LEARNING FOR THE DEVELOPMENT OF THE INDIVIDUAL AND THE COMMUNITY.

## KCC CORE VALUES:

Collaboration ● Excellence ● Integrity ● Learning ● Respect